Lotto MAX
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+ 2 MAXMILLIONS estimated

HINDU-MUSLIM VIOLENCE IN INDIA
LIFE SENTENCE FOR 31 IN FIRE KILLINGS {page 12}

IMMORTALS
ARDUOUS TASK OF SCULPTING GOD-LIKE ABS
{page 42}

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TORONTO metro®
Thursday, November 10, 2011
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News worth sharing.

A family's grief

▶ Florian Schuck is comforted at a memorial on the corner of Sterling Road and Dundas Avenue, the site of the accident that killed his pregnant wife Jenna Morrison.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

Husband remembers wife's fortitude

It was about 11:30 a.m. Monday when the 38-year-old Jenna Morrison, going south on Sterling Road on a green bicycle, was struck by a Freightliner five-tonne truck. Schuck thought he was the one who was supposed to die, not Morrison. Diagnosed with leukemia in 2008, Schuck battled the disease through to remission, he says, because his spouse wouldn't let him die.

Ford asks protesters to pack up

No details on when the mayor wants camp dismantled ◐ 'Uphold the law': Salon owner

Mayor Rob Ford is calling on Occupy Toronto protesters to vacate St. James Park soon.

"They've had a peaceful protest but I think it's time that we ask them to leave," Ford told reporters yesterday at a transit event with Premier Dalton McGuinty.

"I think it's time that we ask the protesters to move on."

It's a sentiment echoed by some area businesses and residents who are scheduled to meet this evening at Starfish Oyster Bed & Grill to discuss the issue.

Patrick McMurray, the eatery's owner, estimates his business has declined 10 to 30 per cent since protesters moved in Oct. 15.

"I've had phone calls asking me if it's safe to come down," McMurray said.

"I'm here to represent the businesses and taxpayers of the city and I'm getting numerous calls, and people have told me they've had enough."
MAYOR ROB FORD

He said customers who venture forth face a "sketchy" walk through or around the park and fumes from the port-a-potties directly opposite his restaurant. **TORSTAR NEWS SERVICE**

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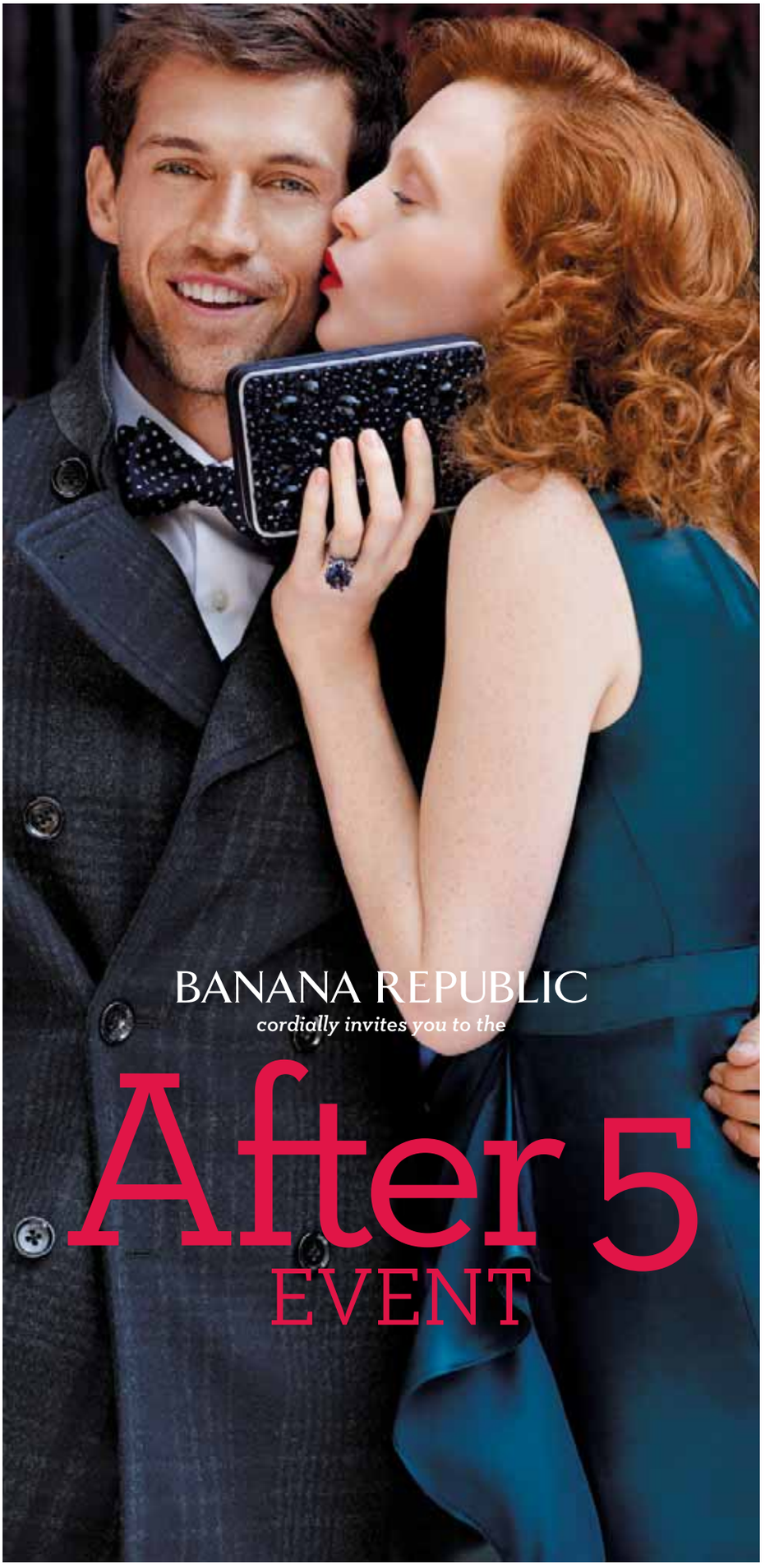

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Tough penalties sought to collect unpaid fines

COLIN MCCONNELL/TORSTAR NEWS SERVICE

▶ Alok Mukherjee

Police service boards want the Ontario government to consider seizing cars and federal tax returns to help collect some of the $1 billion in unpaid fines for provincial offences.

The Ontario Association of Police Service Boards released a report yesterday showing there were 2.5-million unpaid fines as of July 2010 — for everything from traffic offences to trespassing — money the boards said could be used by hard-pressed municipalities.

"Our estimate is that the collectible amount is in the hundreds of millions of dollars," said Alok Mukherjee, president of the association.

"In 2009 alone, for just that one year, Toronto was owed $40 million."

More than 90 per cent of the unpaid fines were levied against residents of Ontario, said Mukherjee.

One third of the unpaid fines are for driving without insurance, another third for speeding and other Highway Traffic Act offences, while the rest stem from violating liquor laws, the Occupational Health and Safety Act or the Trespass to Property Act.

THE CANADIAN PRESS

Grits say no to early subway cash

Mayor's office is privately expressing confidence the Sheppard line will be built and a provincial surplus from Eglinton-Crosstown LRT will materialize to help pay for subway project

DAVID COOPER/TORSTAR NEWS SERVICE

▶ Mayor Rob Ford helps himself to a Jamaican patty from a lunch truck just before visiting an Eglinton-Crosstown LRT construction site at Keelesdale Park yesterday.

Ontario's new transportation minister says Mayor Rob Ford will not get an advance on potential provincial funding for the city's privately financed Sheppard line.

Bob Chiarelli told reporters after a media event marking the start of construction on the Eglinton-Crosstown line that, while Ford has received no formal response to his request for an advance on any surplus dollars from that provincial mega-project, the answer is no.

"We're certainly working to be under budget and we're certainly going to honour that commitment if the money is there," Chiarelli said yesterday. "But we can't give an answer now — we can't advance money now on an amount that's unknown."

The news prompted Joe Mihevc, a Ford foe and former TTC vice-chair, to say in an interview: "I think that the Sheppard subway is dead."

Mihevc said the lack of government funding now, to stimulate investor interest in public-private partnerships, is likely to prove fatal to the project.

After Ford unilaterally scrapped plans for the provincially funded Transit City light rail network, he got the province to agree to bury most of the Eglinton line while, he said, the city would fulfill his campaign promise to extend the Sheppard subway to Scarborough Town Centre.

In August, amid talk he was having trouble finding private investors to help build Sheppard, Ford went to Queen's Park asking Premier Dalton McGuinty for early delivery on an agreement that the city would get up to $650 million from any Eglinton surplus.

"There could end up being zero, or there could end up being $650 million," Chiarelli said, adding that won't be known "until some time from now."

In fact, the province is privately estimating a $200-million surplus that could be eroded by challenges such as traversing the Don Valley. That figure has been shared with the city.

TORSTAR NEWS SERVICE

Step by step

- Gordon Chong, tasked by Mayor Rob Ford to draft a financing plan for the $4.7-billion Sheppard subway line, told the Toronto Star his report next month will advocate building it "in phases, opening each new station as we're ready."

U.K. mom, kids may be in T.O.

Police in Britain say authorities believe a woman they are seeking with her two young children may be in Toronto.

Anisa Ibrahim, 31, and her two children, Khalid, 6, and Ahmed Abubakar, 4, have not been seen in Manchester, England, since April 2010.

Manchester police say in a statement issued through Toronto police that Ibrahim and the children travelled by bus to Amsterdam, leaving Manchester on April 9, 2010.

Ibrahim is wanted by police for allegedly breaching a family court order.

Manchester police say she did not have the consent of the children's father to take them out of Britain.

Police believe Ibrahim and the children are living within the Somali community. THE CANADIAN PRESS

News in brief

Alleged bank robber nabbed

CRIME. Toronto police have made an arrest in a bank robbery investigation.

Police allege a 34-year-old man robbed 16 banks across the GTA over the last several months.

Police say a man would approach tellers, make a demand for cash and indicate that he was armed with a handgun.

Ryan Brereton of Toronto is facing 18 robbery charges and one count of wearing a disguise with intent.

THE CANADIAN PRESS

1 news

Quebec wants a Catholic congregation to add more money to an $18-million settlement accepted by 215 victims of sexual abuse. Scan code for the story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca

Buddy and Pedro, the Toronto Zoo's same-sex penguin pair, have become an online sensation. Watch video of them at metronews.ca/video

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Ajax teacher's charges reduced

Paul Martin now being tried on charges of wounding with intent to cause grievous bodily harm to his wife

TORSTAR NEWS SERVICE FILE

▶ Paul Martin

The lawyer for the Ajax teacher accused of attempting to kill his wife during a vacation in Jamaica last December suggested in a court there this week that the woman was the aggressor, even as charges against him were reduced.

Paul Martin, 43, a Grade 5 teacher, had been charged with attempted murder. He now faces the lesser charge of wounding with intent to cause grievous bodily harm against Cathy-Lee Martin on Dec. 23, 2010, according to reports.

The couple, who have two young children, were on vacation near Montego Bay when the incident happened, according to earlier court testimony.

Martin is accused of taking his wife to an isolated spot, slashing her throat and attempting to strangle her, after accusing her of having an extramarital affair. He has said they were victims of a robbery attempt.

The trial started on Monday.

Defence lawyer Jacqueline Samuels-Brown, a prominent Jamaica lawyer, grilled Cathy-Lee Martin during cross-examination. She suggested that Cathy-Lee, a bank manager in Ajax, had agreed to tell police that an armed robber had attacked the couple, according to The Gleaner.

That was not the case, the woman said.

TORSTAR NEWS SERVICE

Canadian. Activists

▶ David Heap addresses delegates during a briefing aboard the Tahrir, a Canadian boat participating in Freedom Flotilla II to Gaza, back in July.

JIM RANKIN/TORSTAR NEWS SERVICE

Detained Canadians are coming home

Reports say Canadian activists David Heap and Ehab Lotayef, who were on board a vessel seized by Israeli forces, are expected to be released and sent back to Canada today after five days in an Israeli prison. They are expected to arrive at Toronto's Pearson airport. A third Canadian, Karen DeVito was released Tuesday.

Power plant won't run: Grits

The Ontario Liberals insist a Mississauga power plant — still being built despite a mid-election promise to move it — will be scrapped even if construction is ultimately completed.

Officials remain at a loss to explain why work on the plant near Sherway Gardens continues more than six weeks after the Grits scrambled to cancel it before the Oct. 6 election.

TORSTAR NEWS SERVICE

Nov. 29 deadline for plan to relocate shelter

CARLOS OSORIO/TORSTAR NEWS SERVICE

▶ Coun. David Shiner

Toronto's real estate arm has been told to find a way to relocate the Eva's Phoenix shelter for homeless youth from a downtown site the city wants to redevelop.

The city stands to make "a ton of money" through a joint venture with an adjacent developer that could lead to construction of five condominium towers near King Street and Strachan Avenue, said Coun. David Shiner.

At one time the route of the now-defunct Front Street extension to the Gardiner Expressway, the site is considered "one of Toronto's newest young, hip and happening communities," Shiner said.

The veteran member of Eva's board of directors said the city needs to help the shelter, which accommodates 50 youth and has a print shop and training centre, on a site it rents from the city. But the city's real estate agency, Build Toronto, has been dragging its feet since spring, he said.

"It should have been resolved months ago," he said. "The mayor's office is in support of this. They have said, 'Let's get this going.' Council supported this."

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The vote

Council's government management committee yesterday voted unanimously to ask Build Toronto to come up with a plan by the Nov. 29 council meeting that ensures the viable long-term operation of Eva's Phoenix.

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Condos send demand for office space soaring

Toronto's office vacancy rate falls to 5.1 per cent Companies look to move to the core to be close to young workforce moving into downtown

More details

- Only Vancouver has a lower office vacancy rate than Toronto, at 3.7 per cent, but largely because of limited building activity.
- Much of the demand for downtown Toronto space has come from the financial sector, which is increasingly expanding into the Railway Lands south of Front Street, yesterday's report notes.
- But it's increasingly coming from a raft of companies opting for the core, such as Coca-Cola, Google, SNC-Lavalin, as a way to cut commutes.

All those new downtown condos that are now home to bright, young workers is helping drive demand for office space away from the suburbs and back into Toronto's core, a new report says.

Also fuelling the increasing demand — so strong that the vacancy rate for downtown office space fell to 5.1 per cent in Q3 — is interest in new environmentally sound office towers, redevelopment of the waterfront and frustration with long commutes.

Toronto isn't alone, according to commercial real estate brokerage Cushman & Wakefield's Occupier Insight Report released yesterday.

Major U.S. cities such as San Francisco, Chicago, New York, Boston and even downtown Los Angeles are also seeing a significant shift from the suburbs, although their office vacancy rates are still more than double that of Toronto's.

"Major downtown office markets in North America are thriving in the face of turbulent global economic conditions thanks to smart urban planning which has opened the doors to a younger, educated and plugged-in population that prefers to live, work and play close to home," says the report.

But compounding that demand in Toronto is an unprecedented condo boom, with some 70,000 new units built in or close to the downtown core in the last five years, notes the report. Another 17,000 are under construction or due to open by year's end.

That's provided an instant workforce for the 4.5 million square feet of office space has been added to the downtown core in the last two years alone, with more coming especially in the waterfront area.

TORSTAR NEWS SERVICE

STEVE RUSSELL/TORSTAR NEWS SERVICE

▶ Condo construction continues at a furious pace along the Gardiner Expressway. A report says the influx of young workers downtown is driving demand for office space.

Yiddish letters could hold political secrets

In her quest to find her roots, North York resident Debbie Rose found a trove of hundred-year-old Yiddish letters that hold secrets of some radical Jewish anarchists.

The mass of correspondence not only provides a genealogical goldmine for Rose, but also an invaluable glimpse into Jewish history and the anarchist movement in the early 20th century, she said.

"Even in the tenth I've had translated so far, the information is phenomenal," Rose said.

It turns out her great-great-uncle Leon Malmed had an illicit love affair with famous anarchist Emma Goldman.

Rose's goal is to create a database of the information from the letters sent to him. Many Jewish people were lost in Europe, she said, and the tidbits from the letters help people remember.

ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

▶ Debbie Rose has found boxes of hundred-year-old Yiddish letters that hold secrets of some radical Jewish political figures from the early 1900s.

"Every time I find a name and a connection, I'm bringing somebody back to life," Rose said.

But with dwindling numbers of people who can read Yiddish — let alone some of the writers' handwriting — Rose fears the secrets could remain a mystery unless she can get them translated soon.

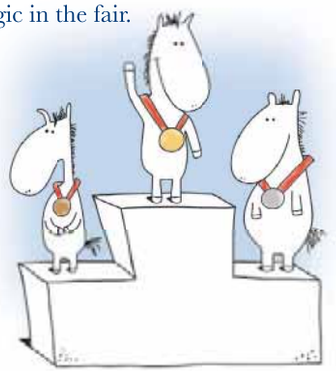
"Every letter answers some questions and raises some new ones," she said.

TORSTAR NEWS SERVICE

The translation

- Toronto resident Sharon Power, 31, has helped Rose with the translations.
- Each letter takes about two hours to translate, depending on how bad the handwriting is. She uses Photoshop to blow up the characters and fiddle with the contrast so she can identify the script.
- Power is considered young for a Yiddish translator.

There's magic in the fair.



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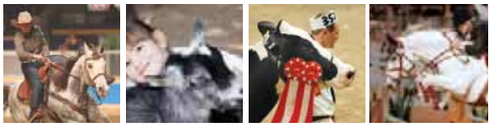

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Polar opposites?

Which animal should be Canada's proud national symbol? The beaver or the polar bear?
Metro Ottawa managing editor Sean McKibbon and Metro Winnipeg managing editor Elisha Dacey discuss the pros and cons ...

PHOTO ILLUSTRATION/DAVID VAN DYKE/METRO

TEAM POLAR BEAR

ELISHA DACEY
METRO WINNIPEG

TEAM BEAVER

SEAN McKIBBON
METRO OTTAWA

Sean: Polar bears are too intimidating to be Canada's national symbol.

Elisha: There's nothing wrong with Canada's new symbol being a little more intimidating than the beaver. We can't be a nation of apologetic fur-trappers with big teeth forever, plodding along like a wet oversized rat.

Sean: The beaver is the entrepreneur and engineer of the animal kingdom.

Hardworking industrious and clever, the beaver launched not one, but two national retailers, HBC and the Northern Store. It taught humans about the lumber industry, the fur trade and how to build hydroelectric dams.

Who would you rather have as a role model for kids? A Coca-Cola-swilling albino bully who gets his kicks killing cute baby seals and making Sir Paul McCartney cry before he heads down to the Churchill dump to scavenge for parts for his Trans Am, or an industrial tycoon? It's Trailer Park Boys vs. Dragons' Den here and the beavercapitalist is coming out on top.

Elisha: We need a symbol that shows our strength, our pride, and matches the majesty of our beautiful country. Not one that shows off our flabby belly.

The polar bear is a fuzzy-pawed survivalist. Able to live through the harshest of conditions, the polar bear is so hardcore it can take on a beluga whale. There's no cozying up in a den to sleep through the winter like most bears. They tough it out. They survive in the open tundra. They're at the top of the food chain. And they're good-looking, to boot. It's an image Coca-Cola is smart enough to cultivate. Being clever and industrious is fine for sidekicks. Being majestic, fearless and quietly strong is better for leaders.

Sean: I'll take an animal who builds a safe, sturdy house for his family and sticks around to raise his young over one that leaves a trail of single bear mothers who are forced to burrow into a snow bank to find a place to hibernate with their kids.

Beavers are dam fine animals.

Elisha: Like I said, polar bears are survivors. They can make a home out of anything, even a snowbank, and Mama is fierce enough to raise her cubs on her own.

And I'm pretty sure they wouldn't mind munching on a tasty beaver — spitting their pelts out as they go.

The question that sent readers all a-Twitter

Who's better? The polar bear or the beaver?

- **@flangela_lyne:** I'm #TeamBeaver! What would Canada be without the famous #Beavertails? Do we want our symbol to be a bar shot? #polarbear
- **@destinfall:** I'm Team Beaver.
- **@OliviaJonesQMFM:** Polar bear!
- **@ImperialJedi:** Team Polar Bear!
- **@ilockitdown:** I wish there was a #TeamMoose
- **@DayaCounselling:** Team Beaver! They're on our 5 cent coins. Plus they cut down trees with their teeth! That's just awesome! ^NS
- **@Myles_Burke:** Polar Bear. I don't think that we need to purvey ourselves so passively (as beavers) all the time.
- **@Wanitalund:** I'm neither, I want a Moose

What you say

In a clash of nationally symbolic titans, which corner are you in?

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U.K. students protest tuition fee hike

- Tents set up in Trafalgar Square
- Police arrest 24 people in relatively peaceful march through city centre

Amid a heavy police presence, thousands of students marched through central London yesterday to protest cuts to public spending and a big increase in university tuition fees.

Police said more than 2,000 people took part in the march, which set off from the University of London at midday with chants of "No ifs, no buts, no education cuts." Organizers estimated the crowd at 10,000.

About 4,000 police officers were deployed along the route.

Previous student protests have ended in violence by a minority of demonstrators, including a spontaneous attack on a car carrying Prince Charles and his wife Camilla in December.

Police said 24 people were arrested, most for breach of the peace and public order offences, but the march was largely peaceful as demonstrators made their way through the city centre.

At Trafalgar Square, a group of protesters erected more than 20 tents at the foot of Nelson's Column in the latest spinoff of the Occupy Wall Street protest camp movement. The tents were quickly cleared away by police.

The marchers had planned to link up with an existing protest camp against corporate greed outside St. Paul's Cathedral, but were stopped by lines of police in riot gear.

Pricing out

- Annette Webb, an international development student at Portsmouth University, said tripling tuition fees to £9,000 (about $14,000) from next year "will price out most students."
- Webb said: "It will mean that education is only for the rich and I believe it should be for everyone."

LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

▶ A student wearing a mask depicting British Deputy Prime Minister Nick Clegg pretends to be a butcher during a student protest in central London yesterday.

Police had warned that anyone involved in criminal activity during the march would face arrest and prosecution. Police said protesters may face being "kettled" — contained inside a cordon — if there is a threat of serious disorder.

Protest organizers accused the police of trying to intimidate marchers after reports that officers would be authorized to use rubber bullets if violence broke out.

London police said officers along the route would not be issued with rubber bullets and they would only be used in "extreme circumstances."

THE ASSOCIATED PRESS

Businessman fights Venezuelan takeover

A wealthy businessman who fought what he claimed were attempts by the Venezuelan government to take over a television network strongly opposed to President Hugo Chavez is suing in U.S. court for $1 billion in damages, claiming a bank he controlled and his stake in the Globovision network were illegally seized for political reasons. THE ASSOCIATED PRESS

Charges dropped

Utah prosecutors are dropping charges against a polygamist sect leader already serving a life sentence in Texas. They will not seek to retry Warren Jeffs on charges of rape by accomplice. THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

▶ Warren Jeffs

Dutch magician has lawsuit up his sleeve

A magician has been fined $16,725 by a Dutch court for putting a rival's trick up his sleeve and trying to pass it off as his own. Hans Klok was sued for copyright infringement over a routine in which he fights with a stubborn butler, first apparently reaching through his body to grab a glass of water off a tray, then smacking off his head momentarily.

THE ASSOCIATED PRESS

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India sentences 31 in Muslim killings

Convictions come nine years after worst recent Hindu-Muslim violence

A court sentenced 31 Hindus to life imprisonment near Ahmedabad, India, yesterday for killing dozens of Muslims by setting a building on fire during one of India's worst rounds of communal violence nine years ago.

Judge S.C. Srivastava acquitted 41 other Hindus of murder charges for lack of evidence.

Those convicted can appeal to a higher court.

Relations between Hindus and Muslims have been largely peaceful since the bloody partition of the subcontinent into India and Pakistan on independence from Britain in 1947.

But mistrust runs deep and there are sporadic bouts of violence.

The worst recent violence erupted in 2002 in Gujarat state. More than 1,000 people, mostly Muslims, were killed by Hindu mobs after a train fire killed 60 Hindus returning from a pilgrimage. Muslims were blamed for the fire. THE ASSOCIATED PRESS

Population

- Muslims account for about 14 per cent of India's population of 1.1 billion.

AJIT SOLANKI/THE ASSOCIATED PRESS

▶ Convicted Indian Hindus cry inside a police van as they are taken to prison yesterday outside a court in Mehsana, about 40 kilometres north of Ahmedabad, India.

Syrian opposition group pelted with eggs in Cairo

Syrian protesters pelted a group of rival opposition leaders with eggs yesterday outside Arab League headquarters in Cairo, accusing them of playing along with Syrian President Bashar Assad's government instead of working to overthrow the regime.

The attack highlights the growing fault lines in the Syrian opposition, which is struggling to overcome infighting in the face of a brutal government crackdown that has persisted even after Damascus agreed last week to an Arab League plan to stop the violence. Security forces killed at least 13 protesters nationwide yesterday, activists said.

The two major opposition groups, the National Coordination Committee (NCC) and the Syria National Council, are divided over issues at the core of the eight-month-old revolution, including whether to request foreign military assistance and accept dialogue with the regime.

Yesterday, around 100 protesters in Cairo threw eggs and tomatoes at a four-man delegation from the NCC as the group tried to enter the Arab League's headquarters for a meeting.

Critics say the NCC is far too lenient and willing to engage in dialogue with the regime. THE ASSOCIATED PRESS

KHALED DESOUKI/GETTY IMAGES

▶ Syrian opposition activists residing in Egypt prevent Damascus-based dissident Hassan Abdelazeem, right, from entering the Arab League headquarters yesterday in Cairo.

Censorship

- Most foreign journalists have been banned from Syria and local media are heavily restricted, making it nearly impossible to independently confirm events on the ground.
- Key sources of information in Syria are witness accounts and details gathered by activist groups.

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AFTERSHOCKS

Another quake rocks Turkey

An 5.7-magnitude earthquake struck eastern Turkey last night, killing at least three people and leaving dozens trapped in the rubble of toppled buildings damaged in the previous temblor last month.

About 20 buildings collapsed in the provincial capital of Van and at least 10 people were pulled alive from the rubble in early rescue efforts, reported the media. State-run TRT television said at least three bodies were recovered and more than 50 people were believed to be trapped in the rubble of a hotel.

The Turkish Red Crescent dispatched 15,000 tents and some 300 rescue workers, said TRT. About 1,400 aftershocks have rocked the region since the earthquake on Oct. 23, which killed 600 and left thousands homeless. THE ASSOCIATED PRESS

Toxic Russian spacecraft a risk to Earth?

A Russian space probe became stuck in orbit yesterday after an equipment failure, raising fears it could come crashing down and spill tons of highly toxic fuel on Earth unless engineers can steer it back to its flight path. One U.S. expert said the spacecraft could become the most dangerous manmade object ever to hit the planet. The mishap is the latest in a series of recent Russian failures that have raised concerns about the condition of the country's space industries. The craft was aiming to get ground samples from Phobos, one of Mars' two moons. THE ASSOCIATED PRESS

Survival amidst a famine

UN has appealed for $1 billion in aid, receiving $779 million so far

THE ASSOCIATED PRESS

▶ This composite image shows Minhaj at various dates of his recovery.

As Minhaj Gedi Farah lay silently on a hospital bed three months ago, even his mother had given up hope that the skeletal Somali baby would live. Weeks of intensive feeding, though, have transformed him into a chubby-cheeked boy who crawls.

The is one of several stories highlighted yesterday in an annual New York fundraising event held by the aid group International Rescue Committee, which helped nurse Minhaj back to health.

Famine has claimed the lives of tens of thousands of Somali children this year, but the UN said despite restrictions by Islamist insurgents, heavy rains and fighting, aid agencies are expanding their reach. Food aid is now getting to 2.2 million of the 4 million Somalis who need it, the UN said.

In July, the month that the UN declared parts of Somalia famine zones, Minhaj was one of dozens of limp babies lying under mosquito net shrouds in the sweltering wards of the IRC hospital in Dadaab, the world's largest refugee camp. Seven-month-old Minhaj weighed only 7.05 pounds, less than some newborns. After weeks of intensive feeding with Plumpynut — a kind of sweetened peanut butter packed with nutrients — he is nearly 17.64 pounds, almost normal for his age.

Since the beginning of the year, hundreds of thousands of Somali families have poured over the border, fleeing war and hunger. Now the torrent of refugees fleeing into Kenya has slowed but the emergency is not over.

Nearly two million Somalis don't have access to food aid and the UN Children's Fund said around 168,0000 acutely malnourished children under the age of 5 could die within weeks. They are concerned about infectious diseases like measles, cholera and malaria. "The famine is not over," said UNICEF's Hannan Sulieman. "Malnutrition has been way above emergency levels for over 10 years."

The famine is the worst emergency to hit Somalia for a generation. THE ASSOCIATED PRESS

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EARTHQUAKE

Canada due for big one any time, expert says

A top geophysicist says Canada could expect a major earthquake at any time and should prepare itself if it wants to avoid the kind of disasters that have befallen Japan, Italy and China in recent years.

John Cassidy, head of earthquake seismology at the Geological Survey of Canada, says large earthquakes have hit parts of Canada numerous times — and will again.

Cassidy says the most vulnerable region is the West Coast, which has been hit with giant magnitude-9.0 quakes 13 times in the last 6,000 years, the last of them about 300 years ago.

He says B.C. is in the window in which a massive tremor might strike.

THE CANADIAN PRESS

No punishment for 'clumsy' Manitoba judge

The Canadian Judicial Council says no discipline is needed for a Manitoba judge who called a convicted rapist a "clumsy Don Juan."

The council says Justice Robert Dewar agrees that his poor choice of words "negatively affected women who are victims of sexual assault."

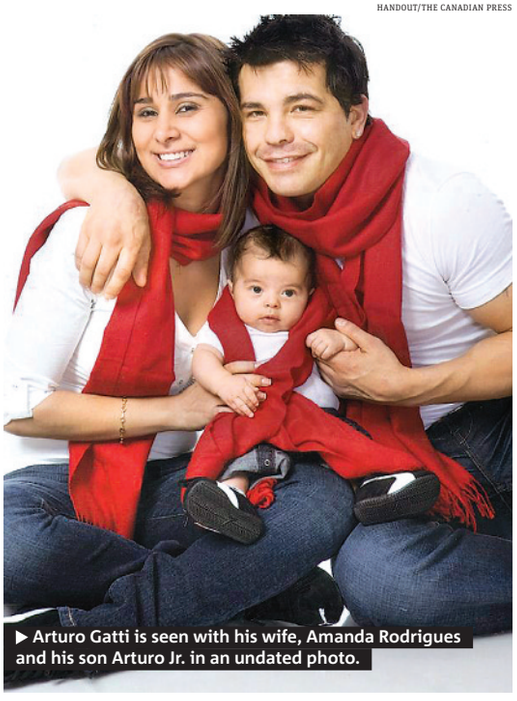
The council says Dewar agrees his language at the sentencing of Kenneth Rhodes was totally inappropriate and he has expressed his regret.

One of the complaints against the judge was lodged by the Manitoba government.

THE CANADIAN PRESS

Gatti death not murder

HANDOUT/THE CANADIAN PRESS



▶ Arturo Gatti is seen with his wife, Amanda Rodrigues and his son Arturo Jr. in an undated photo.

No hard evidence that anyone killed retired boxer, Quebec coroner says

A Quebec coroner's report into the 2009 death of champion boxer Arturo Gatti says there's no hard evidence anyone killed him.

Gatti, a Canadian pugilist nicknamed "Thunder" who rose to fame in the U.S., died at a Brazilian resort in 2009.

The long-awaited report by Jean Brochu was released yesterday and was critical of the original police investigation and noted shortcomings in the U.S. findings.

Brochu's conclusion was that Gatti died a "violent death" but foul play is not believed to be the cause of death. The probable cause of death was listed as asphyxiation by neck constriction.

"Much of the debate surrounding the circumstances of the death revolved around the question of whether a third party was involved in Arturo Gatti's death," Brochu wrote.

"The conclusion of the Montreal pathologists to the effect that there is no clear evidence of foul play in Mr. Gatti's death means I cannot dismiss the formal conclusions reached by the authorities of the country where it occurred."

THE CANADIAN PRESS

Suicide plausible

▶ Brochu's analysis means the Brazilian authorities' ultimate conclusion that Gatti committed suicide remains plausible.

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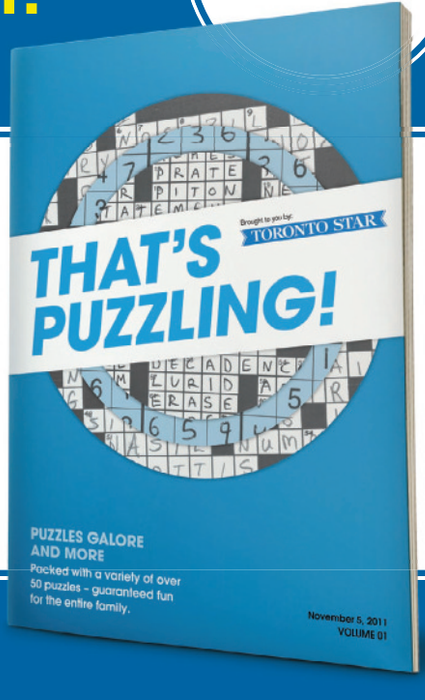

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PEGGY FAGERSTROM/THE ASSOCIATED PRESS

▶ A youngster rides a bike in the sea foam near the harbour in Nome, Alaska.

‘This is not a normal storm’

Western Alaska battered Residents fear sea surge

One of the most powerful storms to hit western Alaska in nearly 40 years battered coastal communities yesterday.

Hurricane-force winds forced residents to seek higher ground as the storm knocked out power and ripped up roofs.

As the storm churned the Bering Sea between Russia and Alaska, people braced for a possible surge of sea water into coastal communities.

“People out there are used to extreme weather, but this is not a normal storm,” said Jeremy Zidek, a spokesperson for the state’s emergency management agency.

“This is of a magnitude that can be a storm of record, extremely dangerous, and the state is treating it as such.”

Water had reached homes in at least four native villages, including Tununak and Kipnuk, state emergency managers said.

Zidek said no injuries had been reported, and damage so was largely limited to blown-out windows and battered roofs.

THE ASSOCIATED PRESS

Great gusts!

▶ The highest wind gusts recorded — 142 kph — were at the western tip of the Seward Peninsula, said Bob Fischer, lead forecaster for the National Weather Service in Fairbanks.

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NATHAN DENETTE/THE CANADIAN PRESS

▶ Payroll taxes should not be raised one little bit to pay for EI, Bob Rae tells the Economic Club of Canada in Toronto.

Don't tax payroll for EI: Rae

Calls for review of tax system to boost incentives for job creation

Payroll taxes are not the best way to pay for employment insurance premiums, Bob Rae said yesterday, adding that Canada needs a "serious debate" on how best to support the jobless.

"A premium is a tax, and payroll taxes discourage hiring," Rae said in Toronto in a major speech to the Economic Club of Canada.

"Make no mistake: Payments to people who have no work is essential and a hallmark of a decent society and an automatic stabilizer for the economy. But how we pay for them should be the subject of a serious debate."

Rae called on Ottawa to freeze EI premiums and launch a review of the whole notion of payroll tax.

Finance Minister Jim Flaherty announced Tuesday that the government is cutting by half a payroll tax hike slated to go into effect Jan.1. It would have raised premiums by 10 cents on workers and 14 cents on employers per $100 of insurable earnings.

Rae said the announcement "is not as much progress as I would like Mr. Flaherty to make, although he is finally admitting the strength of our argument."

"This is not a time to be increasing employment taxes at all," he said.

THE CANADIAN PRESS

A tax too far

▶ **A review of the tax system** should look at which taxes act as a disincentive to job creation, innovation and economic growth and which "are just a pain in the neck but aren't actually a disincentive," Bob Rae said. The latter includes a range of taxes, including personal and corporate income taxes, he said.

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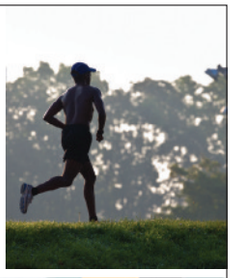

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GETTY IMAGES

▶ Manchester City's Italian striker Mario Balotelli dismisses media talk about the 'strange things' that he does in his private life

Quirky, but not crazy

Soccer star wants media to focus on his actions on the pitch, not his private life

Mario Balotelli insists he's not crazy, although he does acknowledge that he "can do strange things" from time to time.

For example, Balotelli recently had to evacuate his house in England after fireworks were let off in his bathroom. And he has been questioned by Naples prosecutors over a visit with the Camorra crime syndicate, allegedly saying he saw bags of cocaine piled on a table. Speaking at Italy's training camp yesterday, the Manchester City striker was also asked about constantly ending up pictured on the gossip pages with an array of women.

The media "tends to talk more about my private life than what I do on the pitch. It's normal but it bothers me," Balotelli said.

With Antonio Cassano and Giuseppe Rossi both out long-term because of injury, Italy is counting on Balotelli to lead its attack in friendlies at Poland on Friday and at home against Uruguay four days later.

The 21-year-old Balotelli has scored five goals for Premier League leader City this season but is still yet to find the target in five appearances with Italy.

"I always have pressure on me," Balotelli said. "I'm ready to take responsibility."

The son of Ghanian immigrants, Balotelli often faced racial taunts when he played for Inter Milan despite being born and raised in Italy.

"Racism is ignorance. I can only hope that certain things don't happen again," Balotelli said.

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Castro niece in Twitter spat

Grumbles about despicable parasites criticizing her on social media

Fidel Castro's niece and an anti-government Cuban blogger have engaged in a prickly back-and-forth on Twitter, which has a small but growing presence on the island despite scarce Internet connectivity.

Dissident blogger Yoani Sanchez fired the first salvo. "They tell me Mariela Castro opened a Twitter account," Sanchez wrote. "A question for her, 'When will we Cubans be able to come out of other closets?'"

Cuban President Raul Castro's daughter, head of the National Center for Sex Education, shot back at Sanchez by name, saying, "Your approach to tolerance reproduces the old mechanisms of power."

Their exchange is unlikely to be noticed by many in Cuba, where the decades-old U.S. economic embargo has left the island without a hardwired Internet connection to the rest of the world.

THE ASSOCIATED PRESS

THE CANADIAN PRESS

▶ Mariela Castro, daughter of President Raul Castro, has recently signed up on Twitter.

Egypt blogger's mom on hunger strike

The mother of a prominent blogger jailed by Egypt's ruling generals has gone on a hunger strike to protest her son's detention and the military's increasingly heavy-handed approach against critics.

The strike by Alaa Abdel-Fattah's 55-year-old mother could turn into a major embarrassment for Egypt's military.

Military prosecutors ordered Abdel-Fattah, 29, detained for 15 days on Oct. 30 after he refused to answer questions over his alleged role in sectarian clashes three weeks earlier that killed 27 people, mostly Christians. His detention is widely viewed as an escalation in the military's drive to discredit activists who played a key role in the revolt.

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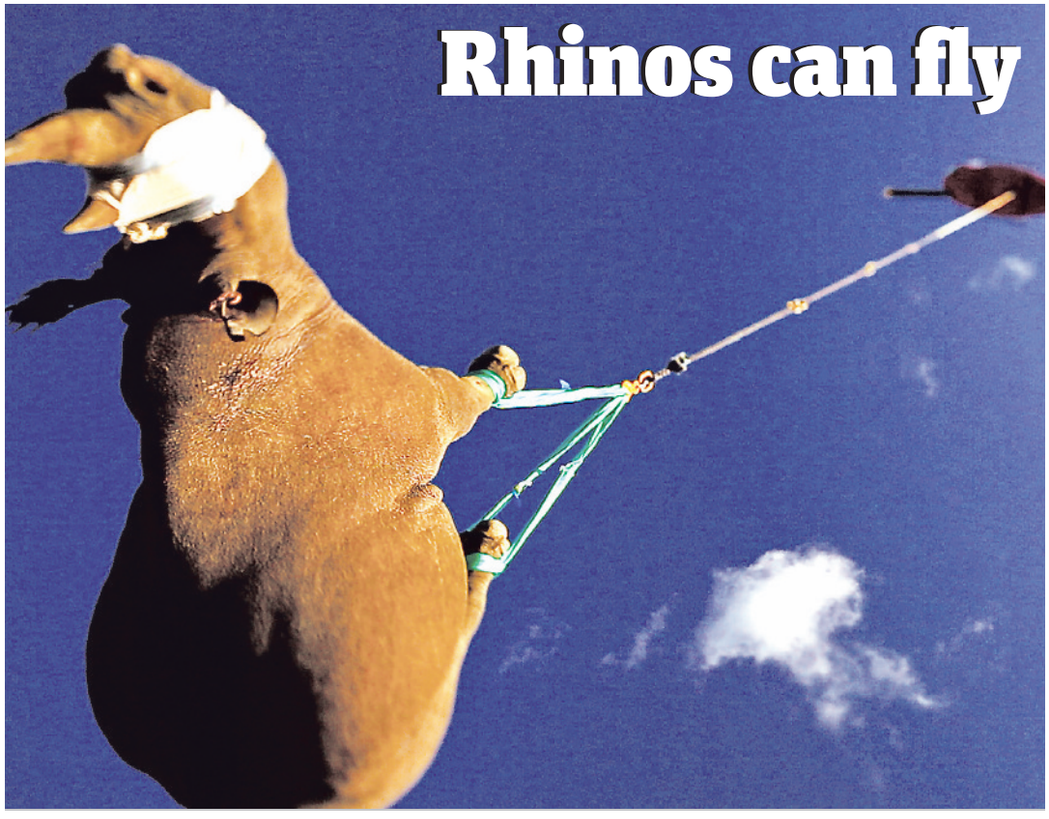
Special delivery for prized rhino

SOUTH AFRICA. Over the grassy plains, folks spend time airlifting rhinoceroses. Far from being a viral gag, this is part of the WWF's Black Rhino Range Expansion Project to translocate a group of 19 endangered black rhinos out of Eastern Cape province. The animals are moved 1,500 kilometres north to Limpopo province to be placed out of range of poachers.

METRO WORLD NEWS

"It was under heavy anesthetic so the animal didn't sway while in the air."

MICHAEL RAIMONDO, PHOTOGRAPHER WHO FILMED "FLYING RHINO," TOLD METRO



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- **"Profitable" business** One rhino sold on the black market for $50,000.

MICHAEL RAIMONDO/GREEN RENAISSANCE/WWF

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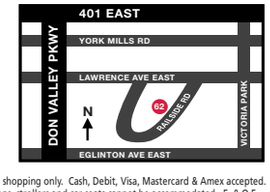

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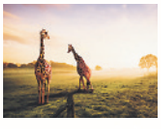

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PAUL SAKUMA/THE ASSOCIATED PRESS FILE

▶ Late Apple CEO Steve Jobs had famously vowed Apple devices would never accept Flash plug-ins.

Gone in a Flash as Internet grows up

Analyst calls Adobe's plug-in a relic of pre-iPhone, pre-tablet era Is key pillar of RIM's PlayBook tablet

Adobe Inc. is phasing out its video- and interactivity-enabling plug-in for mobile devices in order to focus on desktop-based upgrades, the software maker announced yesterday.

This represents a major victory for advocates of HTML5, the latest web programming standard, based on publicly shared, not privately owned, code.

Steve Jobs, the late founder of Apple, famously vowed its devices would never accept Flash plug-ins. Shortly after introducing the iPad last year, Jobs wrote in an open letter that Flash is the main reason Mac computers crash, is a drain on batteries and was designed for traditional desktop computers, not touchscreens.

Silverlight

▶ Tech industry observers believe Microsoft will abandon Silverlight, its answer to Flash, once it releases Silverlight 5. This will affect businesses that rely on video, such as Netflix, which uses Silverlight.

"The mobile era is about low power devices, touch interfaces and open web standards — all areas where Flash falls short," wrote Jobs.

The demise of Flash is creating new opportunities for developers everywhere, says London, Ont. independent tech analyst Carmi Levy, because HTML5 code is available to anyone, it needs no extras, and works across all operating systems.

As Levy says, "The Internet grew up just a little more because of this."

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Cyber criminals hijack 4M computers

- U.S. seeking extradition for six arrested in Estonia
- One Russian member of gang of seven still at large

A crew of Internet bandits devised an international scheme to hijack more than four million computers worldwide so that users visiting Netflix, the Internal Revenue Service and other popular websites would be rerouted to sites that generated at least $14 million US in fraudulent profits, an indictment unsealed in New York alleged yesterday.

The indictment says 500,000 computers in the United States were infected, including some used by educational institutions, nonprofit groups and government agencies like NASA.

The defendants "engaged in a massive and sophisticated scheme that infected at least 4 million computers located in over 100 countries with malicious software or malware," the indictment said.

"Without the computer users' knowledge or permission, the malware digitally hijacked the infected computers to facilitate the fraud."

Searches done on infected computers would be redirected to websites set up by the defendants to generate payments any time a user clicked on an advertisement, the indictment said. The doctored websites mimicked legitimate sites for Netflix, the IRS, ESPN, Amazon and others, it added.

The indictment estimated the defendants "reaped least $14 million in ill-gotten gains."

THE ASSOCIATED PRESS

How it worked

Re-routing took two forms: Click hijacking and advertising replacement.

- **Click hijacking:** When the user of an infected computer clicked on a search result link, the malware caused the computer to be re-routed to a different website.
- **Advertising replacement:** Using the DNS Changer malware and rogue DNS servers, legitimate advertisements on websites were replaced with substituted advertisements that triggered payments to the defendants.

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RICCARDO DE LUCA/THE ASSOCIATED PRESS, FILE

▶ Italian Prime Minister Silvio Berlusconi, left, with President Giorgio Napolitano.

Markets anxious over Italy

Investors want Berlusconi gone
PM has promised to resign soon

Italy's president moved swiftly yesterday to reassure anxious markets, promising that Silvio Berlusconi would soon be vacating the premier's office and unexpectedly lavishing praise on economist Mario Monti, who might lead the debt-plagued country's next government.

The former European competition commissioner is widely considered to be a top contender to be the next Italian premier, now that Berlusconi has pledged to resign as soon as urgently demanded economic reforms are approved by Parliament.

Earlier in the day, financial markets had pounded Italy, as investors worried that Berlusconi might linger in office. Napolitano had responded by declaring there was no doubt that Berlusconi would leave soon, appearing to soothe investors.

State TV on Wednesday night said the financial reform measures so eagerly sought by Italy's eurozone partners might be approved by Saturday.

THE ASSOCIATED PRESS

Toronto, Oshawa lead housing price hikes

The New Housing Price Index rose 0.2 per cent in September, led by price hikes in Toronto and Oshawa.

Statistics Canada reports Winnipeg posted the largest monthly percentage increase, at 1.4 per cent, followed by Halifax (0.7).

The agency attributes Winnipeg's price increases primarily to higher material and labour costs as well as higher land values, while builders in Halifax cited higher material and labour costs.

THE CANADIAN PRESS

Buyer to name huge diamond

A rare yellow pear-shaped diamond is expected to fetch between $11 million and $15 million at auction next week in Geneva, and the buyer will have the chance to name it, Sotheby's said yesterday.

The so-called Sun-Drop Diamond is described as fancy vivid yellow — the highest colour grading — by gemstone experts. It is the largest known diamond of its kind, at 110.3 carats.

The jewel is being sold by Cora International, which discovered the diamond in South Africa only last year — meaning it has no history of previous wearers.

THE ASSOCIATED PRESS

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Catwalk. Manhattan

▶ Models walk the runway during the Versace for H&M fashion show in New York, Tuesday.

KATHY WILLENS/THE ASSOCIATED PRESS

Versace comes to H&M

Donatella Versace's collection for global retailer H&M debuted Tuesday night in Manhattan, with a metallic disco dress, a studded leather bomber jacket and an animal-print-meets-tropical-sunset tank dress for women; and a hot-pink suit, studded tuxedo-style shorts and a palm-tree, second-skirt T-shirt for men. In Canada, the Versace for H&M collection launches Nov. 19.

SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS, FILE

▶ People walk by a car on display at Toyota's Tokyo headquarters.

Steering prompts Toyota recall

Toyota Motor Corp. said yesterday it is recalling about 550,000 vehicles worldwide — mostly in the United States — for problems that could make it harder to steer.

Toyota has received a total of 79 reports about the defect dating back to 2007, said Corbett. There have been no reports of accidents or injuries related to the problems, he said.

Toyota's reputation has taken a hit over the last two years due to a string of huge recalls that have ballooned to 14 million vehicles over that time, including millions recalled last year for acceleration problems.

The news comes a day after Toyota said its July-September profit slid 18.5 per cent to 80.4 billion yen ($1 billion) on plunging sales caused by parts shortages from the tsunami disaster in northeastern Japan. THE ASSOCIATED PRESS

The problem

The latest recall is due to the possibility that the outer ring of the engine's crankshaft pulley may become misaligned with the inner ring.

▶ **If the problem** isn't corrected, the belt for the power steering pump may become detached , making it suddenly more difficult to turn the steering wheel.

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Greek drama intensifies

Talks on coalition break down
Papandreou calls for unity

Greece's laborious power-sharing talks disintegrated into chaos yesterday, with political leaders failing to name a new prime minister who will take over from George Papandreou and head an interim government, despite three days of negotiations.

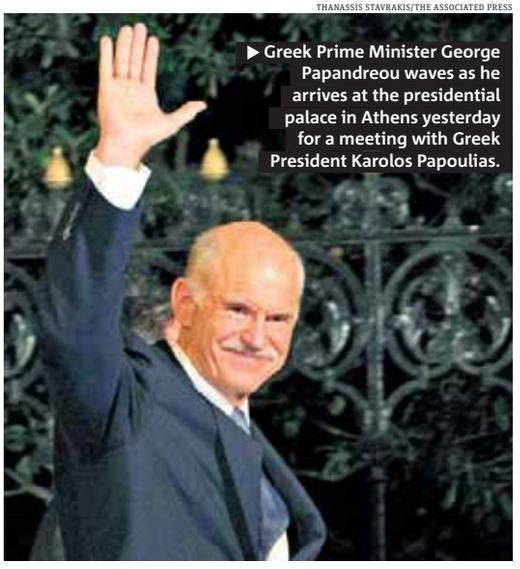
The latest setback in more than a week of political turmoil came less than an hour after Papandreou made a televised address to the nation saying Greece's political parties were joining together to save the debt-ridden country from rapidly approaching bankruptcy.

But less than an hour later, Giorgos Karatzaferis, the head of a small right-wing party, stormed out of political leader talks being chaired by the country's president, Karolos Papoulias. The president's office scheduled another meeting for this morning — and a deal seemed as far away as ever.

Karatzaferis told journalists outside the presidential mansion that the other two political leaders had used "trickery" — but he provided no details.

THE ASSOCIATED PRESS

THANASSIS STAVRAKIS/THE ASSOCIATED PRESS



▶ Greek Prime Minister George Papandreou waves as he arrives at the presidential palace in Athens yesterday for a meeting with Greek President Karolos Papoulias.

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
– 332.64 (12,156.22)	– 1.31¢ (97.88¢ US)

Oil	Natural gas
– $1.06 US ($95.74 US)	$3.652 (– 9.3¢)

Gold $1,791.60 (– $7.60)

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Schulich Leads in Rankings Schulich is ranked in the world's top tier of business schools by *The Economist* (#9 in the world); *Forbes* (10th best non-US school); *Bloomberg Businessweek* (9th best non-US school); The Aspen Institute, a US think tank (#2 in the world in Social and Environmental Leadership); and *Expansión* (#18 in the world) in their most recent global MBA surveys. The Schulich MBA is also ranked #1 in Canada by *The Economist, Forbes,* The Aspen Institute and *Expansión.*

Weighing in on Solutions to the Obesity Problem

Amid a constant barrage of new diets and weight loss plans, people with excess weight continue to struggle.

Obesity is a worldwide epidemic with an estimated one billion adults being considered overweight or obese. Canada's most recent health statistics mirror that of other developed nations with 25% of adults found to be obese. Obesity is affecting men, women, and even children. It's a risk factor for other health conditions including heart disease, high blood pressure and type 2 diabetes.

At first glance, the main cause of this problem is excess calorie intake. We simply eat too much without burning off the extra calories. To combat this energy imbalance, weight loss can be achieved through diet and exercise programs.

Despite their on-going popularity, diet plans only help people lose weight in the short term. According to scientific research, less than 5% of dieters lose weight and maintain their weight loss for more than five years. In the long run, nothing changes and a relapse into old eating habits or inactivity eventually occurs.

Not only do diets not work, they can be counterproductive and damaging to a person's health and emotional wellbeing. Being on a diet often causes people to become preoccupied with food. Dieting can cause the body to go into "starvation mode", slowing down the metabolism because it thinks it will run out of food soon. It also sets up a cycle of overindulgence on forbidden foods, and feelings of guilt.

The diet mentality is so powerful it can cause thin people to gain weight once they've been put on a diet. One study found that dieting caused formerly diet-free people to have more cravings and frequent thoughts about food. After losing ten pounds, they promptly gained it all back plus an additional five pounds. The extra weight was harder to lose because the restriction in food intake had slowed their metabolism.

Many people find themselves looking for a weight loss solution that doesn't hinder their lifestyle or impose limits on the number of calories consumed. Contrary to popular belief, this is not impossible! Weight loss surgery may be the solution you have been looking for.

Until recently, weight loss surgery has been seen as a last resort. However, with the improved long-term success rate of procedures like the Slimband® adjustable gastric band, this perception is changing.

The Slimband® program typically results in up to 72% of excess weight being lost within the first 24 months. The procedure is a minimally-invasive, 20-minute operation in which a band is placed around the top part of the stomach to create a small pouch. Weight loss is maintained through permanent lifestyle changes with the band acting in the form of "built-in portion control" to help people feel full on less food.

The benefits of the Slimband® weight loss surgery procedure go far beyond a stunning physical transformation. Many people who lose weight with Slimband® have improved self-esteem, increased energy levels and elimination of many weight–related medical conditions.

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*Gastric banding results in an average of 58% excess weight loss within the first three years and patients continue to maintain their weight loss even up to seven years later. (Niville E et al. A mid-term Experience with the Cousin Bioring - Adjustable Gastric Band. Obes Surg 2011; May 5. [EPub])

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Pickering Power Centre
Pickering Town Centre
611 Kingston Rd.
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Times Square Mall
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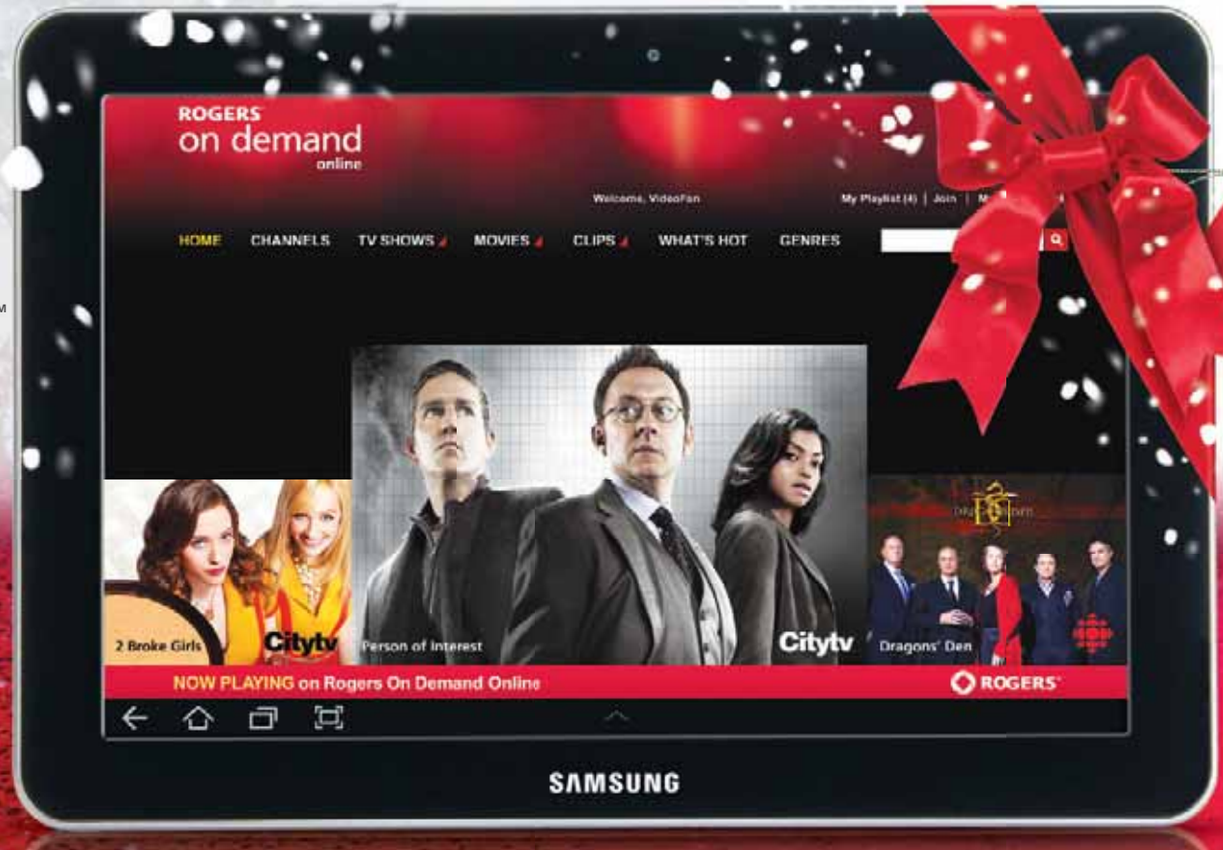

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CHANGE THE PITCH OF YOUR LEARNING CURVE

HE SAYS ...

JOHN MAZEROLLE
METRO

This time of year can be stressful for students, especially those who foolishly become preoccupied with pointless extracurricular activities, such as studying.

It seems calm — midterms gone, a few weeks to term finals — but I remember this as the moment you had time to contemplate that you were doomed.

At first there's new-year buzz: Students observe who's become hot and/or cool, learn the new consensus jean-waistline height, and decide when to wow their peers with the three guitar chords they've been practising.

Then midterm marks painfully remind you: Time to prepare for a long grind of studying or pack it in.

Well, relax students: I humbly suggest you can do both.

As a veteran of high school, university AND comedy college, I'm qualified to point out that every school skill you pick up can be performed after graduation by iPhones, spell-checkers and whoopee cushions.

You'll forget most of the "facts" you learn. But if you use class as a springboard for half-assedness, well, that's the type of skill a person will use for the rest of his or her life. "Teach someone a fib, they'll cheat for a day," the old saying goes. "Teach them how to fib and they'll cheat forever."

"Schools never let students fail the same grade twice. Technically, you could ignore your teachers from the first day of Grade 1 and be on your way to a 24-year vacation topped off with a diploma."

How To Study Without Really Trying:

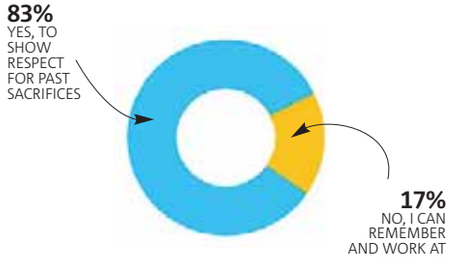
- Find a good spot: The ideal area is a soundproof spot in your own room so you can lock your door and put a "DO NOT DISTURB" sign on it while you play Call of Duty: MW3.
- Break studying into segments so you don't get overwhelmed: For instance, if you plan to watch The Simpsons before you start your homework, you might say: "OK, I just have to watch Bart wake up and realize he's joined the Junior Campers. Then it will be no time at all until Homer finds the Krusty Burger." In this way, even all-night Simpsons marathons won't seem too daunting.
- Study the hardest stuff first: This will give you the illusion that you're getting smarter as you go.
- Highlight everything: I don't know why it works, but all the smart kids highlight so often that their books increase in weight. You should follow suit, as a status thing.
- Get help from other people: Any experienced student knows the most effective way to learn new information is to grill smart people on the day of the test. Find a nerd in the morning, grab their arm and ask them questions in a tone of voice usually not heard outside of 911 calls.
- Above all, don't panic. Schools never let students fail the same grade twice. Technically, you could ignore your teachers from the first day of Grade 1 and be on your way to a 24-year vacation topped off with a diploma.

By the time you hit 30, you should really have those guitar chords nailed.

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metropolitanpanel.ca and take the quick poll

Should Remembrance Day be a national holiday?



Local tweets

- **@FWDI:** Stepped out of the studio into #Toronto rain
- **@toronno318:** #toronto people are rude in the rain. Won't lift their umbrellas or hold them sideways - just bash you with 'em.
- **@lannyf:** Ladies fighting about a seat on the #TTC. Young man asks "Where is the love", and gets quite the cheer from other passengers.
- **@ImNiseBro:** I can't wait to hear the unreleased tracks from #TakeCare :S
- **@jValeije:** Listening to #takecare
- **@mkates:** Just saw the #takecare billboard on the Gardiner #toodirty @Drake
- **@LexiMarton:** Time to chill out to some Drizzy. #TakeCare #TORONTOSTANDUP
- **@ImJeremyNaidu:** I finally listened to #TakeCare & it was a bare disappointment
- **@exstaycee:** People are saying that Take Care is overhyped. Don't hate @Drake because he makes good music that you can actually relate to #TakeCare.

Letters

VETERANS. *RE: Homeless veterans in fight for their lives, published Nov. 8*

As a Second World War veteran, 90-years-old on March 10, 2012, this item caught my eye. It points out several salient bits of information. I too believe vets would benefit from having more Veterans Affairs outreach workers coming to them and explaining how to qualify for government support.

Vets simply do not know because the information is not out in the public.

A further concern is that while Second World War veterans may qualify for help if they have a disability related to their war experience, what happens if someone who got a one-time payout develops a service-related illness later in life?

Finally, Veterans Affairs Canada in their publication Salute publishes a column called "How to Reach Us." Somehow that should appear in most federal government offices.

And, regional offices should have funding for an individual and or individuals who are available for on-site meetings with veterans.

JOHN BEECHING
VANCOUVER

photo of the day

▶ This photo titled Children: Strength and Power, was submitted to the Happiness category by Daniel Benitez from Mexico.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Occupy Denver has more bark than bite

YOUTUBE

▶Shelby will have a translator for "all legal and police matters."

Occupy Denver has elected the most unlikely of leaders: A dog.

The three-year-old border collie named Shelby was elected in response to what the protesters said was Denver Mayor Michael Hancock's "insistence" the movement elect a leader.

"Shelby is closer to a person than any corporation: She can bleed, she can breed, and she can show emotion. Either Shelby is a person, or corporations aren't people," Occupy Denver's website stated.

Shelby will be introduced to the mayor and Colorado's governor and she will be leading Saturday's Occupy Denver march "against Corporate Personhood," the site said.

She "invites all other civic-minded dogs (and their leash-holders) to join" the march, the protesters say.

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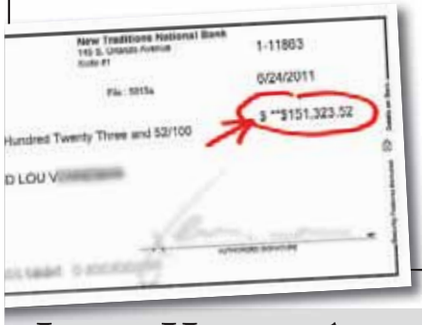

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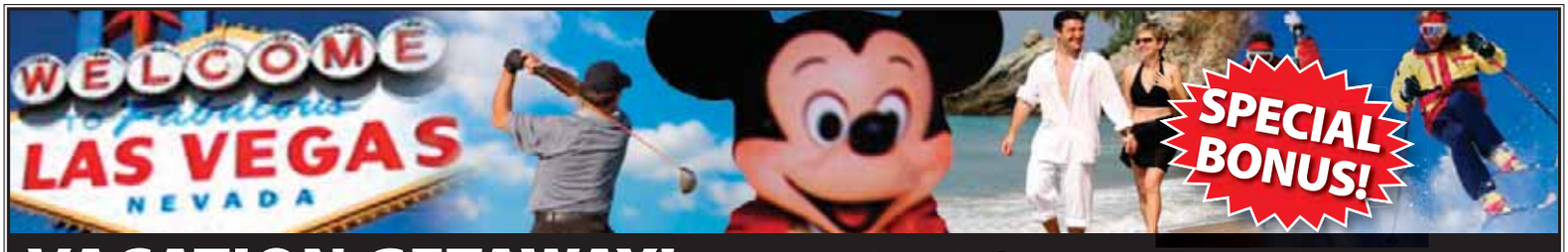

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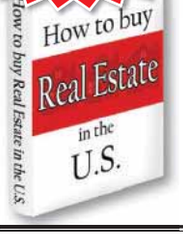

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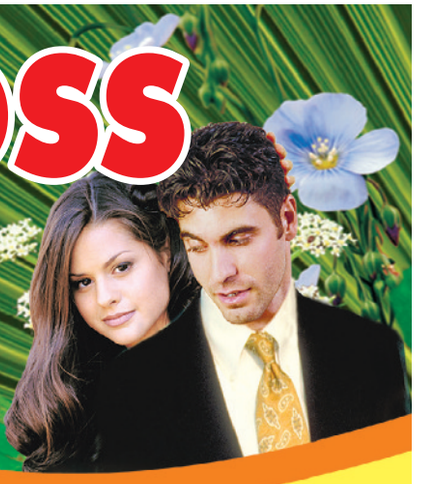

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Pushing hip hop forward

The Museum of Indulgence exhibition hoping to shake rap out of its slumber with its themes of excess ◗ Without beating people over the head, they tackle the rap stereotypes

BACKSTAGE PASS

IAN GORMELY
METRO TORONTO

While a high-profile collaboration is a well-established path to fame for today's MCs (just ask Drake), some of the genre's earliest exposure outside its South Bronx birthplace happened in downtown New York art galleries. Visual artists and musicians would inspire one another to push the fledging music forward.

Today though, much of that earlier, experimental spirit is gone.

"Rap these days is very plain and broken down into a process, especially with major labels," says Toronto MC More or Les, a.k.a., Les Seaforth, who along with visual artist Shelley Miller created Museum of Indulgence, an exhibition that tackles themes of excess and indulgence with an eye to modern hip-hop. The exhibition opens tomorrow.

Seaforth met Miller through a mutual friend while living in Montreal. Originally they had planned to include some of Miller's work in one of his music videos, but eventually came up with the concept for Museum of Indulgence, incorporating Miller's diorama work with Seaforth's music and pitched it to Harbourfront's Fresh Ground new works program.

Along with Miller's dioramas, viewers can create rhymes in an interactive recording studio featuring music Seaforth created for the project.

"We were interested in tackling hip-hop stereotypes," explains Seaforth. "But we don't want to beat people over the head with it."

Miller had sculpted with sugar in the past and done extensive research on the slave trade that was associated with the sugar trade. They soon realized that sugar might be a vehicle through which they could address these themes.

"They were both things that started in a very pure form," says Seaforth. "Now they've reached the point where they're very available to the public, they're in everything and really also, just unfortunately, not as raw as they used to be."

The Museum of Indulgence runs from Nov. 11 to Dec. 4 at York Quay Centre, 235 Queens Quay West, and is free.

HANDOUT

▶ Museum of Indulgence runs from Nov. 11 to Dec. 4 at the York Quay Centre.

Last album

Delivering critiques is nothing new to Seaforth.

Details His last album, Brunch with a Vengeance, was a manifesto of gripes from contemporary fashion to bad hygiene. For Museum of Indulgence, the MC created two new tracks, Consumption and Big Sugar (named after a documentary of the same name) that addresses many of the themes of the exhibit. Both will appear on Seaforth's next album, Mastication, which comes out in the spring. "It's a whole album about food and food related items," he says. It will also have rapped recipes. "I'll actually be rapping, 'This is how you make chilli.'"

2 scene

Elton

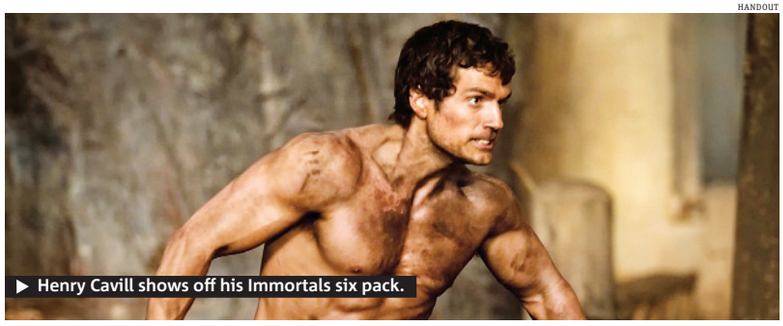
Singer Elton John has unveiled a charity project to fight the HIV/AIDS epidemic in Ukraine, believed to be the worst in Europe. The program will allow homeless women who are at high risk of contracting HIV to be tested for the virus.
THE ASSOCIATED PRESS

Sales rise for 'Assassin of Spies,' a novel pulled by publisher over plagiarism complaints

Cavill's training

- After wrapping Immortals, Cavill turned to sculpting his physique for his next role, as the Man of Steel. To get buff for the next Superman film, Cavill enlisted the help of Mark Twight, the trainer who transformed the cast of 300 into walking washboards.

HANDOUT



Henry Cavill shows off his Immortals six pack.

Sculpting the body of a god

Getting into god-like shape for Immortals wasn't an easy task
The guys dish on bringing perfection to life

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

The "joys" of the diet:
Stephen Dorff (Stavros): "The crew would break for lunch and we couldn't go near it. We would get these little stunt meals in this box and we'd be hungry right afterwards. It was very clean, no carbs. To have no body fat you have to eat ridiculously clean. It's very boring — no salt, none of the good stuff. So on my day off I would go to McDonald's, ice cream places and pizza places and eat until the point that I feel sick. Because if you are eating a certain way for a couple of months, your body reacts weird when it gets a quarter-pounder with cheese.

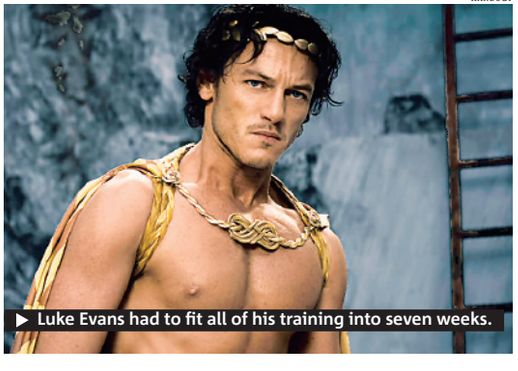
The downside of looking so good:
Stephen Dorff: "The only problem was I had crazy abs that wouldn't go away. For my next movie, I had to not look like I was in a gym. So it was complicated. I had to learn to stick my stomach out so I could hide my Immortals body. Took a while. You have muscle memory when you work out that hard."

Luke Evans (Zeus): "I now have a bone that's raised on my shoulder, which I never had before, which is like a scapula or clavicle tear. It's never gone down. I just have this strange structural skeletal problem now, thanks to Immortals."

Letting the training help with the acting:
Luke Evans: "I trained for seven weeks and I had to do it in fast-paced training. It makes you stand differently. You look yourself in the mirror and you look different. I saw my body change in seven weeks. It does definitely do something to inform your character in a sort of subliminal way. It definitely had an effect for me."

Henry Cavill (Theseus):
"It's like wearing a permanent costume. Before work when you look in the mirror — or even before looking in the mirror — you do feel different. A part of the character is more expressive in you and so when you're in that kind of shape, I essentially was wearing my costume because I barely had no costume."

HANDOUT



Luke Evans had to fit all of his training into seven weeks.

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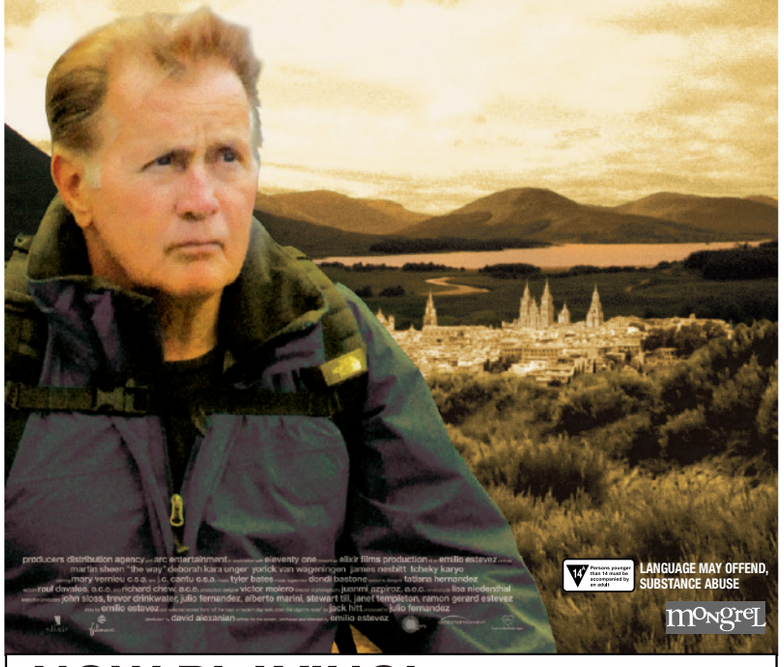

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HANDOUT

▶ Clint Eastwood and Leonardo DiCaprio teamed up for J. Edgar.

Clint makes the day

At 81, film legend still has a commanding presence
J. Edgar director admits being fascinated by Hoover

RICHARD CROUSE
SCENE@METRONEWS.CA

I'm tempted to borrow a phrase from MGM to describe the star-studded reception before the first-look screening of J. Edgar on Monday night in midtown Manhattan.

The studio boasted having "more stars than there are in the heavens," but this wasn't an MGM party, it was a Warner Bros soirée to celebrate their latest Oscar hopeful – a biopic about the controversial and enigmatic J. Edgar Hoover, who spent five decades as director of the FBI.

To my left 60 Minutes reporter Steve Croft worked the room. In another corner Alan Cummings chatted quietly to friends. David Byrne mixed and mingled and Tower Heist co-star Judd Hirsch snacked on sashimi from the sushi bar.

Behind the food stations framed posters of some of the biggest stars from movie history looked down on the party goers.

They are keepsakes from the Warner Bros legacy; a reminder that the company has been making movies for almost as long as there have been movies to make.

Then a real life reminder of that legacy walked into the room. Clint Eastwood, J. Edgar's director, quietly slipped into the party. With him was Leonardo DiCaprio, Armie Hammer, producer Brian Grazier and Oscar-winning screenwriter Dustin Lance Black.

The weight shifts in the room, as though Clint's star power has a gravitational pull all its own.

Inside the screening room he introduces his J. Edgar actors and creative team. After a long list of names he pauses and says, "that takes my memory as far as it will go."

Holding for the laugh, he continues, "I've always been curious about J. Edgar Hoover... and I still am."

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Life as a 'hot Latin woman'

Sofia Vergara happy to represent Colombia in her role on Modern Family

NED EHRBAR
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METRO WORLD NEWS IN HOLLYWOOD

While she insists she had no comedy background before coming to the United States, Sofia Vergara steals the show among a cast of comic talents and Emmy winners as Gloria on Modern Family.

It's a part that's catapulted her to fame in the States, meaning more people recognizing her in public — unless she keeps quiet.

"As long as I don't speak, I'm safe," she says in her distinct Colombian accent, which is only slightly exaggerated for the show.

How important is it that your character is Colombian? And what do you think about the jokes about Colombia featured in the show?

I love it, I think it's fantastic and everybody loves it. You know, Colombians, we don't get offended.

It's not like the writers are inventing things about Colombia, you know?

It's a reality, what can we do? We just have to laugh about it. You know, the country has changed. It's not like that's happening in Colombia right now, thank God. So I don't get offended at all.

I think it's hilarious.

There aren't a lot of Colombian icons in the U.S. Do you feel like you're filling that role?

Well, I love it because there's not a lot of known actresses.

I mean, we have Shakira, who is one of the biggest singers right now.

She's from Barranquilla, my hometown. But there was nobody on national TV or like a known household name, and for me it's been amazing to represent Colombia — you know, to not only represent me as a Colombian actress, but with the show that I'm able to show a little bit of Colombia.

HANDOUT

▶ Sofia Vergara

So you like what the writers have done with Gloria?

For them to write for a hot Latin woman, I thought it was going to be a problem, but they're great.

At the beginning I was worried — "How are they going to know how a Latin woman thinks?"

They even write my mispronunciations now. They know me so well.

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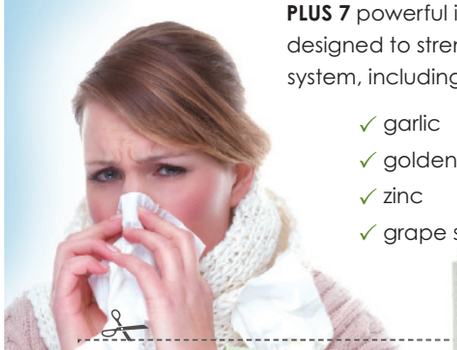

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Whole Health Bay
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'Empower yourself'

Michael J. Fox too busy to feel effects of Parkinson's

EVAN AGOSTINI/THE ASSOCIATED PRESS

Michael J. Fox

Although Michael J. Fox turned 50 this year, the boyish actor who charmed audiences in Family Ties and Back to the Future says his battle to find a cure for Parkinson's disease keeps him young and too busy to feel ill.

The Emmy Award-winning star told roughly 2,000 people gathered at a North American health conference Tuesday that his condition appears to have plateaued and that once-severe episodes of dyskinesia — a movement disorder that causes him involuntary tremors and sudden jerks — have diminished.

Accepting the disease and surrounding himself with like-minded supporters has helped him thrive beyond many people's expectations, he said, noting that anyone in a similar situation can do the same.

"You have to empower yourself, acknowledge what the situation is, acknowledge what your goal is and just move toward it," Fox said at the HealthAchieve conference, an annual three-day gathering that draws more than 7,000 delegates from Canada and around the world.

"And that quest keeps me young, it keeps me involved. I don't have time to get worse."

In addition to promoting his work with the Michael J. Fox Foundation for Parkinson's Research, the actor-turned-activist said he still enjoys performing, and drew applause from the crowd when he mentioned recent appearances on The Good Wife and Curb Your Enthusiasm.

Fox said he's open to adding more TV roles to his resumé and said he wouldn't even rule out a return to the big screen, if the film project was right.

"I'm open for whatever's out there," he said to an enthusiastic crowd that greeted him with a standing ovation and offered another at the end of his 30-minute speech and about 20 minutes of questions.

"A movie would be a big undertaking but who knows, we'll see what happens."

THE CANADIAN PRESS

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5 things to know about Call of Duty

From celebs to sales, get up to speed on the game

The year's biggest videogame was unleashed Tuesday. Here's what you need to know, whether you're a gamer or not.

HANDOUT

1. Sales
When we say Call of Duty: Modern Warfare 3 is the biggest game of the year, we mean it. In fact, this could be the best-selling game of all time, beating the previous record-holder, last year's Call of Duty: Black Ops, which racked up more than $1.5 billion in sales. That's more than the worldwide gross of any film ever, save for Titanic and Avatar.

2. Battlegrounds
So what's the game about? World War 3, basically. Like any good blockbuster, New York, Paris and London are among the cities terrorized, turning into virtual battlegrounds, and Russia is an antagonist. In single player mode, it's up to you to stop the threats. In multiplayer mode, you can team up to help, or just shoot the hell out of someone else.

3. Stats
The Activision title goes beyond the box. The service Call of Duty: Elite logs your stats and allows for social networking; a premium version leads to actual real-life prizes and more.

4. Celebrities are involved.
Grey's Anatomy star Kevin McKidd voices a Task Force Captain, and character actor William Fichtner (Armageddon) and Corey Stoll (Hemingway in Midnight in Paris) play Delta Force ops.

5. Not Battlefield
Don't confuse this with Battlefield 3. This week's other big combat game, from Electronic Arts, also involves nuclear terrorism, scenes in Iran, Paris and New York and multiplayer battle. Both titles have rabid fan bases.

METRO WORLD NEWS

IMMORTALS

GET AROUND

Pictured at the right are eight of the biggest names from IMMORTALS. They are shown as they appear in the film, a classic tale of good and evil, which opens November 11. You may know them from their work in other films or on TV.

Here's hoping, because we've given you another character they have played at left. It's up to you to match the character with the actor or actress.

Match Them Up

1. Randy The Ram Robinson (Oscar nominee)
2. Aramis (think Musketeers)
3. Emmett Cullen (Twilight time)
4. Latika (going Ape)
5. Charles Brandon (Tudor times)
6. Mr. Ollivander (those Potter films)
7. Alison Bromley (think Vampires)
8. Jason Tanner (Beachy, but no bum)

SOLUTION: HENRY CAVILL IS 5., FREIDA PINTO IS 4., STEVE BYERS IS 8., JOHN HURT IS 6., LUKE EVANS IS 2., MICKEY ROURKE IS 1., KELLAN LUTZ IS 3., and ISABEL LUCAS IS 7.

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DISCERNING DRINKER'S RECIPE
of the week.... Simon Difford

Simon Difford is an award-winning drinks writer famous the world over for his discerning palate and encyclopaedic knowledge about the world of cocktails. For more than 3000 cocktail recipes, product launches and global bar reviews visit www.diffordsguide.com

Any cocktail aficionado worth his salt should be able to nail an Old-Fashioned – the ultimate in classic sophistication. To be served after dinner as a digestif, it's short and strong, a perfect nightcap.

As with the Martini, the glass this cocktail is served in has taken the name of the drink. The cocktail's creation is credited to a bartender called Martin Cuneo at the Pendennis Club in Louisville, Kentucky, USA – he is said to have made the drink for a Kentucky Colonel (and bourbon distiller) named James E. Pepper sometime between 1889 and 1895.

OLD FASHIONED

To make the cocktail, stir one shot of bourbon with two ice cubes in a glass. Add the sugar syrup and the Angostura bitters and two more ice cubes. Stir some more and add another two ice cubes and the rest of the bourbon. Stir lots more and add more ice. Garnish with a twist of orange.

2½ shots Maker's Mark bourbon
½ shot sugar syrup (2:1 sugar/water)
3 dashes Angostura aromatic bitters

~Simon says... *"The ritualistic melting and stirring of the ice cubes is essential to the dilution and taste of this sublime classic."*

FEATURED RESTAURANT OF THE WEEK

100% Heritage Angus Beef, raised in Canada, no additives, hormones, or preservatives. Aged 21 days and guaranteed to be juicy, not greasy. Also, Halal certified. With no added fillers, our beef burgers are certified to be gluten-free.

The company is committed to environmental sustainability. Our free-range, hand-raised beef comes packaged in 100% recycled paper, and the design uses 35-70% less packaging than traditional food containers.

Not into beef? Try the Grilled Chicken Breast sandwich. No mystery meat here. Try the Wild Alaskan Salmon fillet, served on an artisan ciabatta bun. Vegetarian? Their Soul Burger is sure to satisfy.

Hero Burger has 24 locations across the GTA, including the exclusive location at 21 St. Clair Ave. W., which features a Lettieri Cafe.

www.heroburgers.com

Please move over Valerie Bertinelli

Mariah Carey adds some serious starpower to Jenny Craig

ALL PHOTOS GETTY IMAGES

Mariah Carey

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

Jenny Craig attracts, let's say, "mid-level" household names to be their spokespeople. Sara Rue, Valerie Bertinelli, Phylicia Rashad and Jason Alexander are among those C-listers who have been paid handsomely to shill the weight-loss company.

But they must have paid buckets of cash to afford their latest spokesperson, Mariah Carey.

The company's big celeb was revealed Wednesday at New York City's Four Seasons. Carey arrived 20 minutes late to the conference and was escorted all the way to the stage for what we thought would be to take questions from reporters, which is why we were there. Instead, she was just interviewed by Gayle King about her involvement with Jenny Craig, which, by the way, is now just called Jenny.

Carey says she started Jenny in July and has lost 30 pounds so far. She told King she was approached by three different weight loss companies while pregnant but picked Jenny because she clicked with the people and liked their partnership with the American Heart Association.

"Some other suitors have great money, have great whatever it is that their concepts are, (but) I didn't really connect with the people, and this was only over the phone at first. The first time I spoke with the executors at Jenny it was like we really clicked in terms of the fact that they had a vision beyond weight loss."

We also learned about Carey's love of business calls while in the bathtub.

"Like all day every day when I was pregnant (I was) in the bath, with a towel, seriously, doing business calls, talking to lawyers with water splashing," she revealed.

"(My trainer) Bernardo and I were doing exercises mainly in the water."

As she demo-ed some of her aquatic moves, she made sure to look good in the process: "Let me do it more elegantly for the photo — please don't get a bad angle."

And P.S. Yes, there was a towel in the bathtub. Carey says that she was so embarrassed by her pregnant body that she never went naked. Anywhere.

"I was never nude. I had a towel on in the tub, I had clothing on in the tub," she told King. "I'm not lying, I promise you. You think I would let Nick see me looking rancid like that?"

Rancid? One thing for sure, Mariah Carey will not become the spokeswoman for Earth Mothers International anytime soon.

Celebrity tweets

so this past week and even today every rumor and lie about me possible has been coming out in the press. Just need to ignore it.

@justinbieber

@mindykaling

I think I'm excited for Jack & Jill because it seems like one of those movie parody trailers from Tropic Thunder

@SethMacFarlane

I can't buy the Superfriends. The "super" part is believable, but no way they're genuinely friends.

Simpson keeps on backtracking

Jessica Simpson

Jessica Simpson insists that there was never any wedding date set in stone for her and fiancé Eric Johnson, despite reports that they'd cancelled a planned November ceremony.

Instead, Simpson says she and Johnson have no plans to marry anytime soon — and they'll at least be waiting until after she gives birth, as she wants to wait until "everything is over so I don't end up being a hormonal Bridezilla," she says in an interview with Entertainment Tonight.

As for why she waited so long to confirm her pregnancy, Simpson explains that she thought her "stomach spoke for itself."

METRO

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Style Pick

KANE DOES DENIM

Designer lines for mass market brands are now about as common as a pair of skinny jeans. But Christopher Kane's new capsule collection for J Brand has a refreshingly new angle to it: He designed the neon bright denim to complement his resort collection. It's an interesting strategy and one that maybe the H&Ms of the world should explore as well. KENYA HUNT

CHRISTOPHER KANE FOR J BRAND

jbrandjeans.com

New Canadian Olympic apparel channels retro style and the great outdoors.

The school girl goes to work

Revisit school uniform staples, such as the necktie, A-line skirt and classic satchel, to build a retro look for work the same way this stylish Londoner did here

MICHELLE BOBB-PARRIS

Remix her style

▶ Name: Amy Marks
▶ Spotted: London

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

1

2

3

4

1 ACNE
wedge booties
$770, **acnestudios.com**

2 ASOS
blouse
$63, **asos.com**

3 RAOUL
skirt
$295, **shopbop.com**

4 ZARA
messenger bag
$90, **zara.com**

Giving love to the skin you live in

THE KIT

Breaking Bad

Extracted from a tree fungus, the active enzyme in Luminaze Catalytic Skin Tone Illuminator actually lightens bark. In this two-step serum, it breaks apart dense areas of melanin, such as sun spots and acne leftovers, and gently brightens overall skin tone.
$120 (30 ml), thebay.com

Ingredient Alert

Skin-care line Algenist uses alguronic acid as its key anti-aging ingredient. A component of microalgae, alguronic acid is responsible for the renewal and protection of microalgae cells. It's also a crazy-good H20-hoarder. Take that, thirsty skin!
Algenist Concentrated Reconstructing Serum, $115, algenist.com

Blue Light Special

The Tria Skin Perfecting Blue Light takes aim at the bacterial core of blemishes. For general complexion improvement, this at-home unit uses the same blue light and intensity as professional machines to clear and prevent breakouts.
$245, triabeauty.com

Spot Treatment

Wipe out irksome mild breakouts with textured acne-fighting pads. Infused with natural salicylic acid via willow bark extract, Josie Maran Blemishes R Gone pads also contain skin-softening argan oil.
$36 for 60, sephora.com

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Hipster in the country

Country classics used to be reserved for the fuddy-duddy tweedy set ◗ Then it became the stuff of hipsters ◗ Now, the trend has had a third wind. Think: Rugged, sexy, woodcutter

2

3

4

5

6

7

1 ZARA
cords, $60, **zara.com**

2 YMC
quilted coat
$535, **mrporter.com**

3 UNIQLO
flannel shirt, $30, **uniqlo.com**

4 SCHOTT NICHOL
welly boot socks
$44, **asos.com**

5 TRICKER'S
brogue stow boots
$586, **my-wardobe.com**

6 ALLY CAPELLINO
Frank bag
$300, **allycpellino.co.uk**

7 NORSE PROJECTS
agni knit, $242, **oki-ni.com**

RICHARD PECKETT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Men's style pick

One cap fits all
The humble flat cap has broken down more social barriers than any government can lay claim to. Worn by royals, ruffians, market traders and famous types like Daniel Craig, Justin Timberlake and Brad Pitt, the cloth cap is as versatile as it is practical.
RICHARD PECKETT

BARBOUR TARTAN CAP
$49, barbour.com

Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV. JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

@Jeanne_Beker: Have YOU been wearing a poppy this week? Tweet me a pic! Fab fashion statement AND an important way to remember our heroic war veterans.

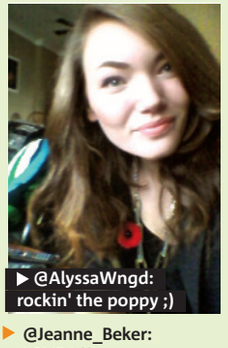
▶ My poppy pin purchased in Paris a few seasons back.

▶ **@shopwithrobin:** Love YOUR poppy brooch you were wearing on @CP24 yesterday Jeanne!

▶ **@JFra10:** I have! Been wearing it around FIT campus in NYC and have received many questions what it's for #proudcdn #honourthevets

▶ **@Jeanne_Beker:** Cool! Who knew poppies had the power to become iconic CANADIAN style statements?

▶ **@JFra10:** who knew! It's nice to come across unique Canadian customs when living in the States!


▶ @AlyssaWngd: rockin' the poppy ;)

▶ **@Jeanne_Beker:** LOVE it!! xx

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Tips to tame your face-tiger

While barbers will praise their in-store products, contest-entering whisker warriors are less beholden to big fuzz-care interests We enlisted two of the best bearders in the business to give it to us straight on all things facial hair

Competitive bearder John Myatt, 24, is the reigning American champ in the groomed beard category. He came in second place at the World Beard Championship in Norway this past May.

What's a good solution for dealing with an itchy beard?

Growing it out. Ever since I grew out my beard it stopped itching. It's shaving that makes it itch.

What's a good way to soften your beard so your girlfriend doesn't complain about it being bristly?

I condition it every day and I also use a leave-in conditioner to keep it moist. A lot of other people use Moroccan oil.

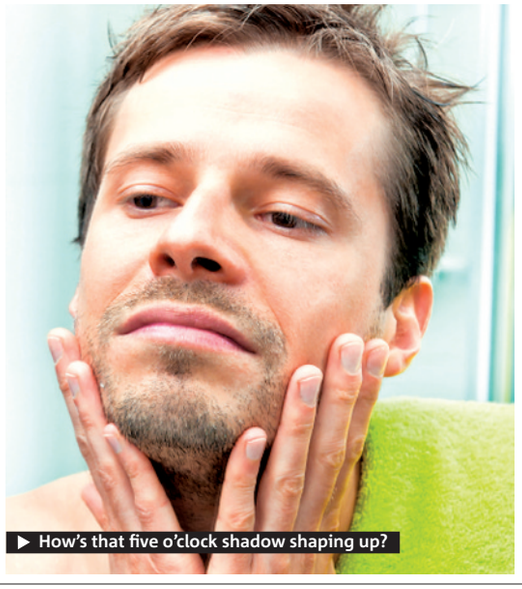
Is the same shampoo you use on your head appropriate for your beard?

Yah I use Head & Shoulders because it keeps the dandruff out of my beard and head.

What beard product do you carry on you at all times?

I don't but a lot of my moustache friends keep a tin of Bounder wax and when I have my moustache waxed I keep a tin on me as well.

ISTOCK



▶ How's that five o'clock shadow shaping up?

Darrell Crawford, 58, of Bowmanville, Ont., is a competitive bearder and the captain of Beard Team Canada.

How often do you recommend grooming your facial hair to keep it in tip-top shape?

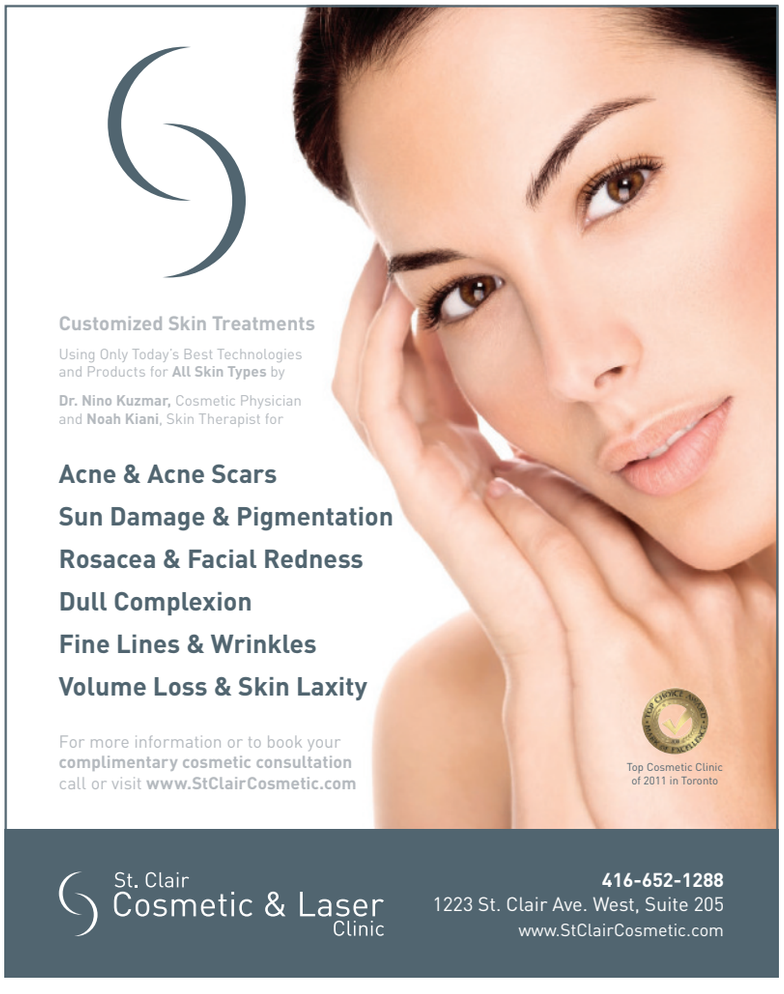
Tip-top shape isn't really me. I probably groom in the morning, sometime during the day and in the evening, so two to three times a day.

Do you have dryness problems with your skin under your beard in the winter?

No, my face is pretty comfortable in the winter and summer. People often ask me if it's hot but it isn't. Even in the summertime it's like a fibreglass insulator that buffers the heat of the sun, and in the winter it's warmer and I used to always have a scarf but now I can use my beard as a scarf.

What beard product do you carry on you at all times?

I carry two brushes. One is a boar's hair brush, which is pretty good for not pulling out hairs. I like to smooth it over with that and then I have one with stiffer plastic bristles. If there are any knots or anything I get those out first with the more sensitive brush. MIKE DOJC



Please refer to the brochure or visit www.heartandstroke.ca/calendar for prize details, calendar issuing and draw information. Only 1,550,000 calendars are available. Calendars must be purchased and delivered within Ontario. All purchasers and giftees must be at least 18 years of age. 1,176 cash prizes, with a total value of $7,785,000 will be awarded. Final sales deadline is December 20, 2011. Early Bird deadline is December 15, 2011. Winners will be posted every weekday on the Heart&Stroke Calendar Lottery website at www.heartandstroke.ca/calendar. Daily, Weekly and Monthly draws falling on weekend days or holidays will be drawn on the next business day. Daily and Holiday draws scheduled for January 1st to 3rd, 2012 will occur on January 4th, 2012. The Daily and Monthly draws scheduled for December 28th to December 31st will occur on December 27, 2012. © Bank of Canada – bank note images used and altered with permission. Lottery Licence #: 4130.

PROTECT YOUR VISION

MISUSE OF HAND-HELD DEVICES, LAPTOPS CAN STRAIN EYES: EXPERTS

Some people say the eye is the most precious organ. That makes it all the more important to preserve and protect your vision throughout life, from infancy to old age.

But misuse of today's growing array of hand-held and laptop gadgets can strain the eyes, making it difficult to maintain vision health.

One of the biggest problems, says Samuel N. Markowitz, a Toronto ophthalmologist, is using these devices in sub-optimal viewing conditions. For example, people sit in bed shining a tiny bright light on their iPad, or use their BlackBerry in dark subways.

In an office environment, the overhead lighting shouldn't be "stark," says Joe Chan, a Mississauga optometrist. "Fluorescent lighting can bother the eyes." Instead, use a desk lamp with an adjustable arm that focuses diffused light on what you are working on.

Chan recommends keeping the computer screen "a good arm's length away" from your eyes and at a downward angle. As well, he suggests the "20-20" rule: Looking at something about 20 feet away from the screen every 20 minutes or so to give your eyes a rest. "When you stare at the screen, you don't blink," he says. "Your eyes try to compensate by watering, and this dries them out and can damage the surface of the eye."

ISTOCKPHOTO/THINKSTOCK

Years of eye strain can start to interfere with vision as people reach the age of 30 or 35, says Markowitz. Your specialist can check for eye problems, including presbyopia, age-related loss in flexibility of the eye's lens, and hyperopia, or far-sightedness, which can be corrected with prescription eyewear.

A common cause of eye problems is not taking proper care of contact lenses, which have become extremely popular. "I think it's part of human nature to try and cut corners," and not clean and soak lenses diligently, says Chan. Improper care can lead to a buildup of protein on the surface of the eye.

And don't ever leave your contact lenses in overnight, say both Chan and Markowitz.

– Pauline Anderson

ENJOY GIFT OF CLEAR SIGHT WITH LASIK

Thinking of treating yourself this Christmas? There's no better time to consider the gift of clear vision with laser vision correction.

LASIK is a safe and effective alternative to glasses and contacts as evidenced by its 20-year track record. Over that time, more than 35 million LASIK procedures have been performed around the world. The LASIK procedure corrects common refractive errors such as nearsightedness (myopia), far-sightedness (hyperopia) and astigmatism (irregular curvature of the cornea).

"The surgery is painless and quick, taking less than 10 minutes of operating room time," said Dr. Mark Cohen, co-founder and national medical director of LASIK MD, Canada's only national laser vision correction provider. "The procedure is characterized by short recovery times, as most patients are able to return to work the following day with dramatically improved vision."

LASIK has minimal side-effects, and most are temporary or easily treatable. The few reports of glare and halos at night that some patients used to complain about have all but disappeared thanks to technological advances.

You may be a good candidate for laser eye surgery even if your prescription isn't stable. Past prescription changes are not a good predictor of future changes and do not help deliver more predictable or safer results.

Another misconception is that the surgery is an unaffordable luxury. When you consider the annual costs of glasses, contact lenses and solutions, you will likely find that LASIK is more economical in the long term.

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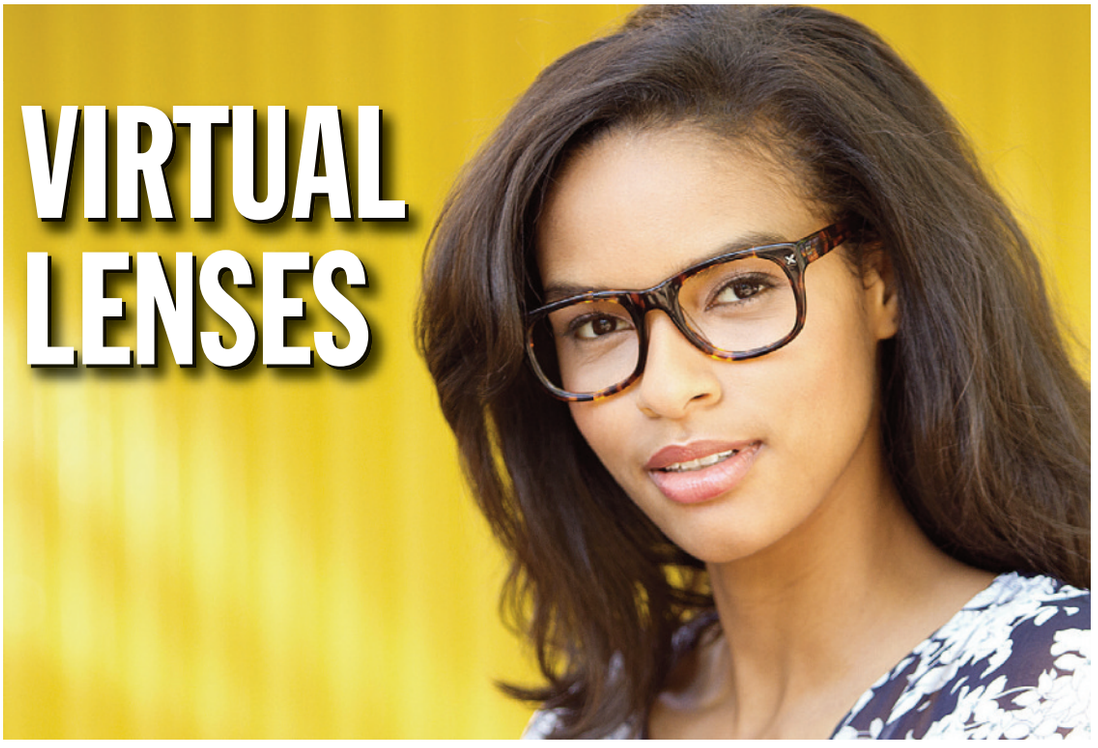

Alana Jestadt, 28, a manager of a Toronto spa specializing in natural products, has been wearing glasses and contact lenses since she was a teenager. Tired of paying out of pocket for her prescriptions, and with limited resources, she started to explore online options.

She learned that by eliminating the costs and markups that go into running and staffing a retail outlet, online companies can save her a bundle — up to 70 per cent — and she can still get a beautiful pair of designer glasses.

Buying online is not only less expensive, but more convenient than coping with crowds and long waits for in-store service.

And it's an easy process. After getting an updated prescription for glasses or contact lenses from a trusted eye care professional, "just head to our site and browse for your perfect pair of frames," says Erin Taylor-Mitchell, executive editor, ClearlyContacts.ca, an online Vancouver-based optical store. "You can narrow your search based on size, brand, price, shape and colour. Once you've found your favourite frames, simply enter your prescription, choose your lens, and check out."

The site helps customers choose the most suitable frames, and for someone like Jestadt in the beauty and service industry, this is a real plus. She loves using the ClearlyContacts.ca "virtual mirror" and getting her friends to comment on how each pair looks after sending them an online photo. She also enjoys using another tool that helps her find the glasses that best complement her unique face and features.

Jestadt also appreciates the fast door-to-door service. "Our goal is to get your glasses to you in less than five business days, but have been known to surprise people with next-day delivery," says Taylor-Mitchell. She adds that free shipping is also currently available for orders over $99.

And if Jestadt changes her mind? The company has a 365-day return policy and even pays return shipping.

– Pauline Anderson

CHANGING VIEWS

Most of us have access to corrective eyewear that allows us to clearly see the beautiful world around us. But not everyone is so lucky. Some 560 million people in this country and around the world have vision problems and, for them, buying eyeglasses is simply a pipe dream.

ClearlyContacts.ca founder Roger Hardy has stepped in to change that. Last year, he started a charity project called Change the View. To date, his company has donated thousands of pairs of glasses to needy people throughout Canada, the United States, and as far away as West Africa, Kenya, New Delhi, Haiti, Honduras and Panama.

"We believe that everyone has the right to clear vision and we want to help make this right a reality," explains Hardy.

"Poor vision can lead to injuries that are preventable, limited learning capability for kids in school, and loss of employment. Being able to see clearly results in increased earning potential and improved quality of life."

Every time you buy frames from participating designers, a second pair — the frames as well as prescription — is donated to someone in need.

FASHION STATEMENT

From runways and big screens to classrooms and boardrooms across the country, glasses today are more of a fashion statement than ever before. Celebrities help shape what's hot in eyewear; think Justin Timberlake's big and bold square glasses, or Tina Fey's sleek and refined oval-shaped specs.

Once merely functional, eyeglasses are now a fashion staple. "Glasses have transformed from being a needed medical device to a wanted fashion accessory that can totally transform your outfit," says Erin Taylor-Mitchell of ClearlyContacts.ca. "The fact that people purchase frames with non-prescription lenses just so they can rock the latest geek chic style is a perfect example of this."

This geek chic look combines vintage shapes like oversized square frames with retro colours such as rich tortoise shell, says Taylor-Mitchell. Another big trend today is vintage style frames, thanks to the popularity of TV shows such as Mad Men and Pan Am.

And watch out for frames in loud colours like lime green and bright orange, as well as novel hues such as burgundies and purples.

There are also leopard skin and other bold prints and patterns to choose from.

Having multiple pairs of glasses to match different outfits is also the rage. "Just recently, we asked our customers how many pairs of glasses they owned and were impressed to see collections ranging from three pairs to over 15 different pairs," says Taylor-Mitchell. "With glasses now being affordable, our customers are able to change up their look depending on the occasion. What woman wouldn't love to have a pair of glasses to match each of her pairs of shoes?"

The optical market has expanded to accommodate the growing demand for glasses that express one's personality. "We believe that glasses are an extension of who you are," says Taylor-Mitchell. "Glasses are the first thing people see, which is why it's so important to live your style and personality through them."

CLEARLY CANADIAN

While working for a contact lens manufacturer, Roger Hardy discovered that optical stores significantly mark up prices for contact lenses and eyeglasses. Recognizing an opportunity to better serve customers, he founded ClearlyContacts.ca in 2000.

Since then, the Vancouver-based company has become the largest online optical store in Canada, with sales of glasses growing by a whopping 100 per cent every year. Analysts expect company revenues to exceed $180 million in 2011.

To date, ClearlyContacts.ca has sold more than one million pairs of eyeglasses. More than three million customers can choose from a selection of more than 1,500 designer styles that constantly changes.

All the company's glasses are manufactured in Canada by a talented team that uses the highest quality materials. And the products are delivered right to your door — at home or the office.

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A Forest Hill retreat

The project overview

RISE offers that rare combination of affordability in a desirable neighbourhood.

The 25-storey tower with 320 units has a grand lobby designed by II BY IV Design Associates.

Surrounded by parks and ravines that wind through to Forest Hill, the project is scheduled for completion in 2015.

DUNCAN MCALLISTER

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Meet the condo

- **WHAT:** RISE condominiums
- **BUILDER:** Reserve Properties
- **LOCATION:** 501 St. Clair Ave., West.
- **WEBSITE:** risecondos.com
- **PHONE:** 416-546-7399
- **SIZES:** From 437 to 865 sq. ft.
- **PRICING:** From 189,000 to just over $600,000

Location and transit

Cool location on the southeast corner of Bathurst and St. Clair, RISE is on the edge of Forest Hill, steps from the St. Clair West subway station and St. Clair streetcar.

Commuters can be in the downtown core within fifteen minutes.

In the neighbourhood

You'll enjoy the eclectic stretch of the new St. Clair West, famous for its culinary hot-spots.

Easy access to fine shopping and Loblaws' Forest Hill Market.

Close to the historic Casa Loma and the bike trail through Sir Winston Churchill Park.

Building amenities

This building offers purchasers the ultimate amenity wish-list covering an expansive 18,000 sq. ft. entertainment space with dining and cooking areas, fire pits and private cabana lounges.

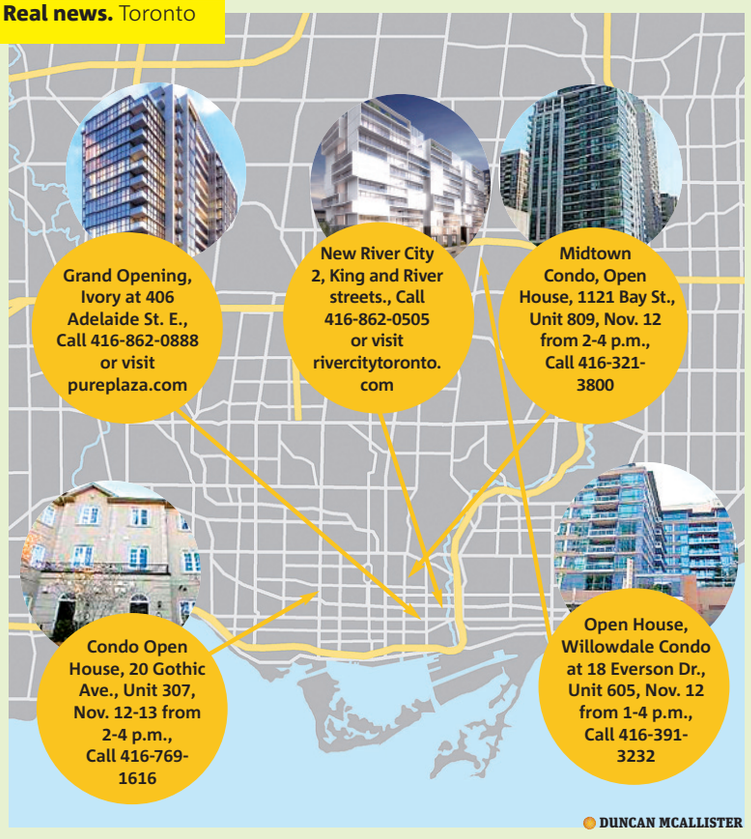
Outdoor amenities feature a seductive infinity pool on a rooftop terrace.

Condo fees are estimated at $0.52 per ft.

CONTRIBUTED

▶ RISE condominiums are surrounded by parks and ravines that wind through to Forest Hill.

Real news. Toronto



DUNCAN MCALLISTER

AFFORDABILITY IN THE GTA'S RENTAL MARKET

ROOFTOP SURFING

PAUL GOLINI JR.
HOME
@METRONEWS.CA

Something said at the Canadian Mortgage and Housing Corporation's annual housing outlook conference last week has got me thinking. The strength in the GTA's condominium market and the high levels of construction bringing more units to market than ever before has alleviated some pressure on vacancy rates in the rental market.

With more than 20,000 condo units sold this year between January and September, the GTA is the largest condominium market in North America. It's not surprising that many renters aged 25-34 are finding the new, modern vertical communities a welcome option. These buildings are often situated in great locations, near transit and places to work and play, and usually have great amenities like a concierge service or a swimming pool.

So, this got me thinking. The city's condo units have already been identified as an affordable option for first-time buyers looking to leap into the real estate market. Now, it would also appear that those same units, purchased by investors, are helping to fill a gap in the rental market.

According to CMHC's senior market analyst for the GTA, Shaun Hildebrand, there are 10,000 new renters every year and the rental listings are on the rise.

Recognizing that investors are significant buyers of new condominiums, Hildebrand questioned whether investors would continue to buy units just to rent them out.

In my view, the GTA condo market is a secure investment and there is so sign of a dip in demand.

Our recent numbers from RealNet Canada Inc. tell us that September was another record-breaking month for condo sales.

Taking the condo units that are currently available to rent and the sales numbers that represent future units, some of which will come on the rental market soon, I believe that it's all good news for affordability, since studies have shown that when there is less rental stock available and demand outpaces supply, rents tend to rise.

PAUL GOLINI JR. IS CHAIR OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION (BILD) AND CAN BE FOUND ON TWITTER (TWITTER.COM/BILDGTA), FACEBOOK (FACEBOOK.COM/BILDGTA), AND BILD'S ONLINE BLOG (BILDBLOGS.CA).

Heritage revamp

Toronto's old buildings get a second life as condos Details on one of the 'largest restoration projects that has been undertaken in the country'

DUNCAN MCALLISTER
LIFE@METRONEWS.CA

Toronto condos built on heritage foundations: The trend continues as developers become more preservation-aware and realize the benefits of restoring this city's architectural treasures while blending them in with the new.

A noteworthy example of this trend is FIVE condos at 5 St. Joseph St., a new development by Graywood Developments and Mod Developments Inc., that's heavy on the conservation and promises to transform this forgotten corner into a renewed urban zone.

Until recently, the property consisted of a stretch of stores and fast food takeouts occupying a fair portion of the block at the corner of Yonge and St. Joseph streets.

This century-old campus was the original warehouse and office space for Toronto's largest moving company.

On the south end of the property were the offices of Rawlinson Cartage in a row of narrow, three-storey storefronts dating back to the late 1800s.

There are three buildings at the north end, one of which underwent an addition and art deco makeover in the late 1920s.

When finished, FIVE will consist of a 45-storey tower with a four-storey podium.

Fourteen residences will be located on two floors above a new, ground-level, exclusive collection of luxury boutiques under The Yonge Collection name.

DUNCAN MCALLISTER

▶ This giant steel structure is bracing the four-storey gothic revival building along the south side of St. Joseph Street.

Stephen Price is the Chief Operating Officer of Graywood Developments Ltd. He explains that "It was part of the vision for the project that includes this wonderful historic façade, that is part of the street-level design of the building and yet, when you step into the lobby and into the elevator up to your suite, you still have all the amenities and benefits of current modern condos."

The heritage restoration is being conducted by the award-winning ERA Architects Inc., in conjunction with Hariri Pontarini Architects and international design firm Cecconi Simone.

"They're a very talented firm that specializes in works such as this," says Price.

"The stores on Yonge Street are going to be retained in place. The brick will be cleaned, new wood casing windows will be installed, new roof of course, and all the internals will be new."

So just how big is this project? According to Price, "It's fair to say, it's one of the largest, in-place historic building façade retention or restoration projects that has been undertaken in the country."

CONTRIBUTED

▶ Rendering of FIVE condos

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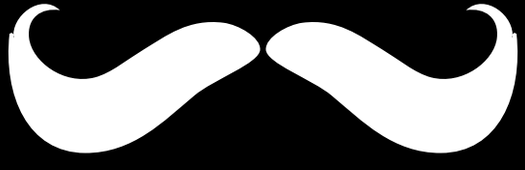

NORTH YORK'S RECORD BREAKING PROJECT THE STATION PROUDLY SUPPORTS MOVEMBER.

During the month of November, men's faces across Canada, and around the world, are suddenly adorned by moustaches of all shapes and styles in support of Movember, an event to raise funds and awareness for men's health. For those of us who can't grow a moustache (because of age, sex or biology) there's still a way to show your support. Find your new home at The Station this month and for every unit sold, we'll donate $500 to Movember.* You get the best value in the neighbourhood and you get to support this important cause too! Come in and show your support for Movember today.

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Small space holiday dining

Versatility is the key when choosing dining furniture for your home

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

Q: I will be hosting Christmas dinner this year so I quickly need to furnish my dining area.

The room is 9x9 and is part of an L-shaped living/dining room in my condo.

What size/style of table and chairs should I buy? Beatrice Kington, Alberta.

A: Choose an appropriately sized table to suit your day-to-day needs, not a size that you will only use occasionally when more than extra guests come over.

Find a table that is expandable in order to accommodate a more than average amount of guests on special occasions.

Your dining space is fairly small, so I suggest choosing a 42-inch round table, which will seat four people comfortably on a daily basis, or up to six in a pinch.

A round topped, pedestal based table will be your best choice as there will be no corners or legs to content with, ultimately giving you more freedom as to where guests can be seated.

If the table is expanded for extra guests then allow the longer shape to creep into the living area when entertaining.

Buy four comfortable Parson-style dining chairs that will permanently sit around the table. They then can be brought into the living area space when extra seating is needed.

CONTRIBUTED

▶ Victory Pendant, $179, CB2

Purchase four additional folding or stacking chairs that can be brought out on the special occasions when lots of guests need to be seated around the table.

Adding a slim bookcase or credenza against the back wall will offer up great storage for extra dishes, wine glasses and linens as well as create a place for serving dishes while dining.

CONTRIBUTED

▶ Avalon Extension Table, $599, Crate and Barrel

Keep the overall look of it light and airy so it doesn't visually fill up the small dining space. A hanging light fixture will help define (and illuminate) your new table. The fixture should be hung 30-36 inches above the table, and should be 16-20 inches in diameter. A dark coloured 5x7 rug will help ground the table and chairs while helping to define the dining area.

CONTRIBUTED

▶ Willoughby Chair, $300, West Elm

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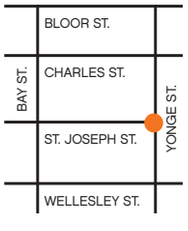

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What canning season?

Make your own preserves whenever you have time **Seal in the flavour while foods are still garden fresh**

For Daniel Gasteiger, the holiday season begins in May when the rhubarb and strawberries ripen. That's when he starts putting foods by for the many people on his gift list.

The process continues with cherries, tomatoes, sweet corn, cucumbers, apples, melons and a variety of successive garden crops.

"If you don't deal with them when they're fresh, you're not preserving them," said Gasteiger, author of Yes, You Can! And Freeze and Dry It, Too (Cool Springs Press).

"Then they can sit on a shelf until wrapped as presents for neighbours, teachers and others."

Hear the word "preserving" and people think canning or freezing, said Gasteiger of Lewisburg, Pa. But there is also dehydrating, sugaring, fermenting, quick pickling, smoking, salting and cold storage.

"The way we go about it hasn't changed much over the years, but the technology is better," he said.

All food preservation techniques delay or stop spoilage while sealing in flavour and nutritional value. Yet each does something different. In some cases, new foods are even created — raisins from dried grapes, for example.

Here is a sampling of the most common methods and how they compare

Canning preserves fruits and vegetables, jams and jellies, pickles, relishes and meats so they can be stored for months without refrigeration. Canning cooks food, however, changing its makeup and flavour.

Freezing leaves you with fresher flavours but transforms textures. "Produce tends to become mushy," Gasteiger said.

Dehydrating gives fresh foods remarkable longevity, with vegetables rehydrating especially well for cooking. Think bananas, or those fruit and vegetable remnants that ripen so quickly in the kitchen.

Fermenting is submerging vegetables in saltwater, and brine produces lactic acid, which is a food preservative. But: "Vegetables soften and develop a tangy flavour that some people don't care for," Gasteiger said.

Cold Storage root crops, including potatoes, carrots, yams, beets and turnips, have tremendous staying power under the right conditions. They will remain fresh for months in a dark, dry environment. Potatoes prefer a place maintained at around 13 C. Carrots, beets, rutabagas and cabbage keep longest when cooled to 1 C.

You don't need a garden to put up fresh foods year round. Shop the sales. Seek out farmers markets and roadside stands. Buy in bulk. Patronize U-Pick operations and orchards.

THE ASSOCIATED PRESS

Not just for Nana

"The face of canning is changing," said Lauren Devine-Hager, a product research and test-kitchen analyst with Jarden Home Brands. "It's not driven by grandmothers in rural settings anymore. It's becoming especially popular among women (ages) 27 to 45 in urban and suburban areas. They want to enjoy it all year long."

ISTOCK

▶ Food preservation saves money, encourages creativity and puts a quality product on the family dinner table.

WHEN RUBBING IT IN ISN'T A GOOD IDEA

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

Dear Charles the butler,
We recently purchased a Natuzzi sofa in beige microfibre.

Unfortunately our cat vomited on it twice during the night and by the time we found out it had dried.

I tried to clean it with water but the stains are still there.

Are there any chemicals that would clean it?
Maria

Hello Maria,

If only we could train our pets to be sick on the kitchen floor rather than on rugs, furniture and beds! OK, let's deal with the stain.

You have two options: you call a professional upholstery cleaning company or you can attempt to clean it yourself.

Now this depends how confident you are. I personally would give it the old college try, but of course it's up to you.

Remember that every stain revolves around three things: speed, cleaning agent and technique.

1 Speed

I assume and hope you tried to take as much of the vomit's "volume" off the coach before anything else.

A spatula or soft plastic spoon is ideal for this.

Dealing with stains quickly is very important to success.

2 Cleaning agent

In a large bowl, mix 2 cups of warm water, 1 tbsp of table salt, ½ cup white vinegar, 1 tbsp clear dish soap and 2 tbsp rubbing alcohol.

Mix well by hand until all is dissolved.

3 Technique

Dip a clean sponge into your homemade solution.

Remove some liquid from the sponge and then press into your vomit stain.

Don't rub in the solution. Instead, apply it to the stain and then absorb the moisture with a clean paper towel or an old clean towel. Again, don't rub it in.

What you are essentially doing is applying the homemade cleaning solution and then absorbing the liquid vomit mixture back in a clean cloth.

Do this repeatedly back and forth until it appears that all of the vomit stain has been removed.

Now before you try this, please test it out on an area of the sofa that will never be seen.

I'm confident in the technique, but I want to know how the microfibre fabric will respond to the cleaning agent.

Once you test it, this will give you the answer to either proceed confidently or call a professional.

Please let us know how this stain removal technique turns out for you.

HAVE A QUESTION? EMAIL ASKCHARLESTHEBUTLER@METRONEWS.CA

"Remember that every stain revolves around three things: speed, cleaning agent and technique."
CHARLES THE BUTLER

ISTOCK

▶ Harness the power of a good sponge and a homemade cleaning solution.

Getting benched ain't so bad

Grace Bonney tells us how to turn a flea market find into a life-saving storage unit for your home

DIY IDEAS

Cost: $40
Time: 2 hours
Difficulty:

JOHNNY MILLER

▶ Find this surprisingly easy project and more in Bonney's book Design Sponge at Home.

Rolling storage bench

1. Flip your box upside down and attach casters to the four corners. Use screws that are short enough that they don't come through to the interior of the box.
2. Flip the box upright and measure from edge to edge for your box top. Cut your plywood box top to fit, and sand the edges.
3. Lay your foam on the floor and place the box lid on top. Trace around the edges of the plywood lid and cut the foam to size with a utility knife or electric knife.
4. Repeat step 3 with the batting, leaving a three-inch border of batting on all sides so you can pull it over the foam and staple it to the back of the plywood lid. Repeat the process with your fabric.
5. With the fabric facedown on the floor, centre the batting and then the foam on top. Place the wooden lid on top of these three layers and pull the batting and fabric over the edges of the lid, using a staple gun to secure them. Work your way around the edges of the lid, pulling the fabric taut and stapling as you go.
6. Once you've finished stapling, cut off any excess fabric. If you want a more polished look for the underside of the box lid, cut a piece of fabric one inch smaller (on all sides) than the lid and staple this in place.
7. If you have children, or would like to ensure that your lid is secure, you can install safety hinges, which will keep the top from sliding or slamming down on small fingers.

EXCERPTED FROM DESIGN SPONGE AT HOME BY GRACE BONNEY

Materials:

- Old box (try thrift stores, craigslist, flea markets, and eBay for similar versions)
- Casters and mounting screws
- Screwdriver
- Measuring tape or ruler
- Sturdy, midweight plywood (for your lid)
- Saw (if you choose to cut your own lid)
- Sandpaper
- Foam (use two-inch foam at least, to create a comfy seat)
- Box cutter or electric knife
- Batting
- Scissors
- Fabric
- Staple gun and staples
- Hinges (optional)

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JEFFREY COWAN
HOME
@METRONEWS.CA

I recently applied to the City to put a back deck on my two-year-old home.

The municipality indicated to me that the builder had not obtained a final inspection for the property and there was a minor change that they noted on their file that needed to be addressed.

I thought when I bought the property that all of this type of paperwork would be closed off.

I have gone back to my lawyer and she said that it is unusual for there to be an outstanding permit, but it is probably only some red tape.

Regardless, I assumed when I bought the house that everything was complete. What would you suggest I do now?

The answer to your question is not so straightforward.

Generally, when a builder transfers a property to one of its customers, the permits are closed off and the house is ready for occupancy.

Quite a number of municipalities no longer actually issue occupancy permits.

Regardless, the builder guaranteed that the house was ready for occupancy.

Your first line of engagement should be with the builder (if the company still exists).

Your lawyer relied on this implicit guarantee.

In the not-so-recent past, your lawyer would have done a building permit search and would have uncovered the fact that there was an outstanding permit.

This system of due diligence has been replaced by the purchase of title insurance policies that cover off deficiencies.

If the problem is something that is not minor in nature, you may have to apply for assistance from title insurance.

However, your lawyer should be involved in this process.

You may also question if this is an issue for Tarion which is the government sponsored warranty program.

On first glance, I think you should find out what the outstanding issue is so you can best approach it with the appropriate resources at hand.

JEFFREY COWAN IS THE PRINCIPAL OF COWAN LAW AND CAN BE REACHED BY EMAIL AT JEFF@COWANLAW.CA.

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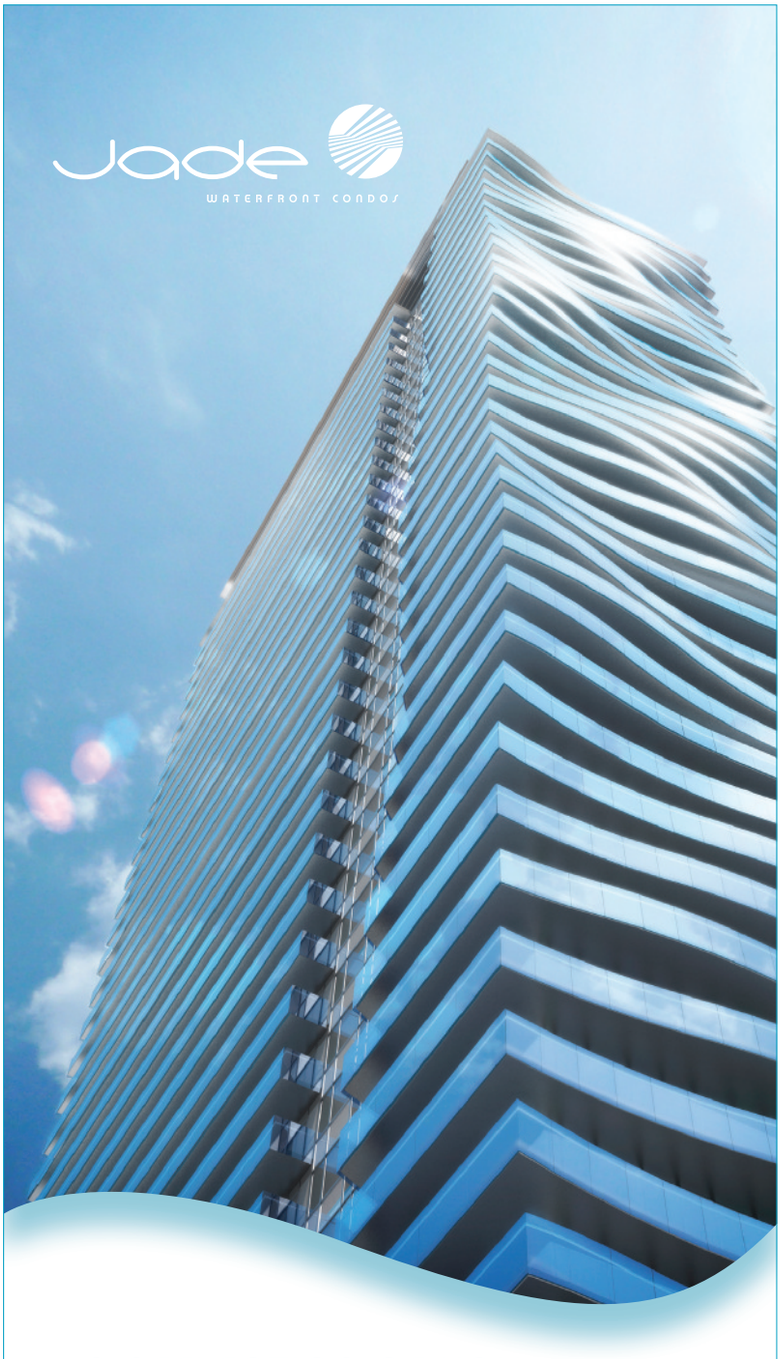
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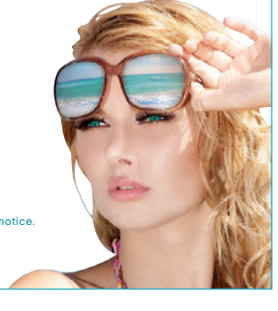
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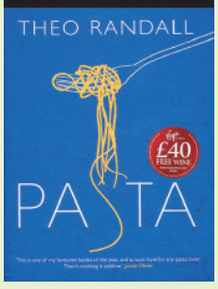
Weekly Cookbook



Simply titled Pasta (2011. Ebury Press), Theo Randall's debut book offers more than 100 original pasta recipes.

Using both fresh and dried pasta, and tasty ingredients, Randall presents a wide variety of simple dishes that can be prepared in minutes.

With easy-to-follow directions, beautiful photos and tips, Pasta is split into Fresh Pasta, Dried Pasta, Tomatoes, Vegetables, Fungi, Fish, Seafood, Meat, Poultry and Game, and Cheese.

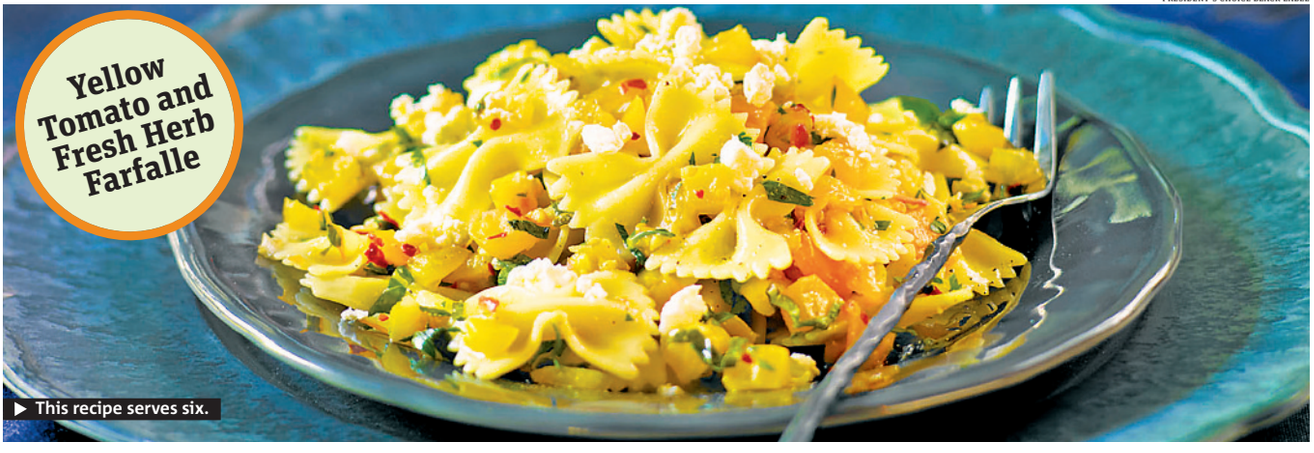
The book includes recipes for Linguine with Pesto, Potatoes and Green Beans; Taglierini with Seafood and Tomato, Penne with Sausage, Pancetta and Swiss Chard, among others.

Pasta is even winning praise from famous foodies like Chef Jamie Oliver who called it one of his favourite books of the year.

Fancy plating made easy

Make entertaining easy with Yellow Tomato & Fresh Herb Farfalle that's ready in 40 minutes

PRESIDENT'S CHOICE BLACK LABEL



Vegetarian guests will love Yellow Tomato and Fresh Herb Farfalle pasta and if you want, you can top it with some grilled chicken for those guests who insist on having meat in their meal.

Preparation:

1 In a saucepan of boiling water, cook the pasta 7 to 9 minutes or until it is tender but firm. Drain.

2 Meanwhile, in a non-stick frying pan, heat the oil over medium heat; cook the shallots, garlic and hot pepper flakes for 2 to 3 minutes. Stir in the Whole Yellow Tomatoes and juices, basil, parsley, tarragon, salt and pepper. Bring to a simmer; cook 2 to 3 minutes.

3 Add the drained pasta to sauce; stir to combine. Transfer to serving bowl; sprinkle with cheese and serve right away.

RECIPE IS COURTESTY OF PRESIDENT'S CHOICE BLACK LABEL

Ingredients:

- 4 cups (1 L) PC black label Farfalle Pasta
- 2 tbsp (25 mL) olive oil
- ¼ cup (50 mL) chopped shallots
- 2 tsp (10 mL) minced garlic
- ¼ tsp (1 mL) hot pepper flakes
- 1 can (400 mL) PC black label Whole Yellow Tomatoes, chopped
- ¼ cup (50 mL) sliced fresh basil
- 2 tbsp (25 mL) each chopped fresh Italian parsley and tarragon
- 1 tsp (5 mL) sea salt
- ¼ tsp (1 mL) black pepper
- 1/3 cup (75 mL) crumbled PC Soft Unripened Goat's Milk Cheese

Cracks showing in the crease

Maple Leafs' stoppers struggling with no sign of No. 1 Reimer's return

LEAFS | BLUES

Time: 8 p.m.
Channel: TSN

The Toronto Maple Leafs slipped away to St. Louis without leaving any hints as to who would get the next start in goal.

Ben Scrivens and Jonas Gustavsson each spent time working with goalie coach Francois Allaire during yesterday's practice and coach Ron Wilson didn't address the media afterwards. Both goalies said they hadn't been told who would get the call for tonight's game against the Blues.

Toronto's goaltending was back under the microscope after the team was outscored by a combined margin of 12-1 over two home games — Scrivens was pulled in a 7-0 loss to Boston on Saturday while Gustavsson was yanked midway through a 5-1 loss to Florida on Tuesday.

In the wake of those defeats, the Leafs were looking to do a better job in front of their goaltenders.

"We're not perfect as defencemen, our forwards aren't perfect and our goalies aren't perfect," said captain Dion Phaneuf. "Mistakes are made in games and (the goalies) are no different than us. But when the pucks aren't bouncing for them we've got to tighten up in front of them."

Nine different men have spent time in the crease since Wilson was hired prior to the 2008-09 season. The position seemed to be solidified with James Reimer entering the year as the No. 1, but he's been out with concussion-like symptoms since getting bumped by Habs captain Brian Gionta on Oct. 22.

Reimer was slated to play in New York on Oct. 27 but suffered a setback. Wilson said after Tuesday's game that there is no timeframe for a return.

In many ways, the current situation offers a major opportunity for Scrivens. The 25-year-old, who signed as an undrafted free agent last season, has a chance to prove he belongs in the NHL. Scrivens debuted with a excellent 38 save win over Columbus last week before struggling against the Bruins and Panthers.

"It's a learning experience for me," he said. "All this stuff is brand new to me. I'm just trying to get better every day and take lessons out of stuff that's happened."

In St. Louis, the Leafs face a desperate team. Ken Hitchcock replaced Davis Payne as coach over the weekend and the Blues beat Chicago 3-0 in his debut on Tuesday. **THE CANADIAN PRESS**

ABELIMAGES/GETTY IMAGES

▶ Jonas Gustavsson is replaced by Ben Scrivens after letting in the first three goals in the Leafs 5-1 loss to Florida on Tuesday.

ABELIMAGES/GETTY IMAGES

"We did have a meeting, but there's no negatives and we're not getting down on ourselves and the group that we have. ... We're confident, we're upbeat and it's just a bump in the road for us."

TORONTO CAPTAIN DION PHANEUF. LEAFS PRACTICE WAS DELAYED BY 25 MINUTES YESTERDAY AS THE TEAM CLEARED THE AIR WITH A MEETING AFTER A PAIR OF TOUGH LOSSES.

4 sports

Quoted

"This is a tragedy. It is one of the great sorrows of my life. With the benefit of hindsight, I wish I had done more."

JOE PATERNO. THE PENN STATE FOOTBALL COACH'S LEGEND HAS BEEN SHATTERED SINCE HIS FORMER ASSISTANT COACH JERRY SANDUSKY WAS CHARGED WITH MOLESTING EIGHT BOYS OVER 15 YEARS, INCLUDING AT THE PENN STATE FOOTBALL COMPLEX. PATERNO SAID YESTERDAY HE WILL RETIRE AT THE END OF THIS SEASON.

November 11
is a day we
remember.

This year, honour our veterans at the Ceremony of Remembrance at the Veterans' Memorial.

Friday, November 11, 2011
Starting at 10:45 a.m.
Front Lawn, Legislative Building
Queen's Park, Toronto

ontario.ca/remembranceday

Paid for by the Government of Ontario

Ontario

NBA deadline passes, bargaining continues

Two sides met for more than six hours yesterday

RICHARD DREW/THE ASSOCIATED PRESS

▶ David Stern yesterday

As commissioner David Stern's deadline passed, the NBA and its players continued negotiating yesterday in an attempt to end the lockout.

The two sides met for more than six hours to try to hash out a deal to save the season.

Stern had issued an ultimatum to players: Accept the league's latest proposal by 5 p.m. ET yesterday or it would be replaced with a much harsher one that would drive the sides even farther apart.

Players said Tuesday they wouldn't accept the current proposal as configured and suggested another negotiation session.

The current offer calls for players to receive between 49 per cent and 51 per cent of basketball-related income, though union officials said it would be impossible to get above 50.2 per cent. Players were guaranteed 57 per cent of BRI under the previous collective bargaining agreement.

The next proposal would call for a 53-47 revenue split in the owners' favour, essentially a hard salary cap and salary rollbacks, which the league originally sought but had taken off the table.

Both proposals were sent to union executive director Billy Hunter on Sunday.

The meeting featuring small groups from both sides was arranged yesterday morning.

Lawyer Jeffrey Kessler took part along with other union negotiators, hours after saying he regretted telling the Washington Post that owners are treating players like "plantation workers" during the ongoing lockout. He added he planned to call Stern and apologize.

THE ASSOCIATED PRESS

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- Study starts on Friday, November 18, 2011 – 2 sessions with no return visits.
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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	15	9	3	1	2	45	34	21	4-1-1-0	5-2-0-2	6-3-0-1	W1
d-Toronto	15	9	5	1	0	46	51	19	5-2-1-0	4-3-0-0	5-5-0-0	L2
d-Washington	13	9	4	0	0	50	38	18	6-1-0-0	3-3-0-0	6-4-0-0	L2
Buffalo	14	9	5	0	0	42	33	18	4-4-0-0	5-1-0-0	6-4-0-0	W3
Philadelphia	14	8	4	1	1	58	44	18	4-3-1-1	4-1-0-0	5-4-0-1	W1
NY Rangers	13	7	3	1	2	35	28	17	4-1-0-1	3-2-1-1	7-2-0-1	W4
Florida	14	7	4	0	3	39	37	17	2-1-0-3	5-3-0-0	4-3-0-3	W1
Tampa Bay	14	7	5	0	2	44	46	16	4-1-0-0	3-4-0-2	6-3-0-1	W2
New Jersey	13	7	5	0	1	33	36	15	4-2-0-1	3-3-0-0	5-3-0-1	W3
Ottawa	15	7	7	0	1	45	55	15	5-3-0-1	2-4-0-0	6-3-0-1	L3
Winnipeg	15	5	7	2	1	40	51	13	2-2-0-0	3-5-2-1	4-4-2-0	L3
Carolina	15	5	7	2	1	37	50	13	3-3-0-1	2-4-2-0	3-5-1-1	L3
Boston	13	6	7	0	0	40	30	12	4-5-0-0	2-2-0-0	5-5-0-0	W3
Montreal	14	5	7	1	1	35	39	12	2-4-1-1	3-3-0-0	4-5-1-0	L2
NY Islanders	12	4	6	1	1	25	35	10	4-3-1-0	0-3-0-1	3-5-1-1	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Dallas	14	11	3	0	0	45	33	22	6-1-0-0	5-2-0-0	8-2-0-0	W4
d-Edmonton	14	9	3	0	2	33	23	20	5-1-0-1	4-2-0-1	7-2-0-1	W1
d-Chicago	15	8	4	1	2	46	45	19	5-1-0-2	3-3-1-0	5-3-1-1	L3
Minnesota	14	8	3	2	1	33	26	19	5-2-1-0	3-1-1-1	6-2-2-0	W5
San Jose	13	8	4	1	0	41	35	17	3-2-1-0	5-2-0-0	7-2-1-0	W1
Los Angeles	15	7	5	1	2	34	35	17	4-3-0-1	3-2-1-1	4-4-1-1	W1
Phoenix	13	7	4	0	2	38	36	16	4-3-0-1	3-1-0-1	6-3-0-1	W1
Nashville	14	7	5	1	1	38	38	16	2-2-0-1	5-3-1-0	5-4-1-0	L1
Detroit	13	7	5	1	0	34	31	15	5-2-1-0	2-3-0-0	4-5-1-0	W2
Colorado	15	7	7	1	0	42	47	15	1-5-0-0	6-2-1-0	3-6-1-0	L4
Vancouver	15	7	7	0	1	45	44	15	3-2-0-1	4-5-0-0	5-5-0-0	W1
St. Louis	14	7	7	0	0	35	35	14	4-1-0-0	3-6-0-0	5-5-0-0	W1
Calgary	14	6	7	1	0	30	35	13	3-4-1-0	3-3-0-0	5-4-1-0	L1
Anaheim	14	5	6	1	2	27	41	13	3-2-0-0	2-4-1-2	2-5-1-2	L5
Columbus	14	2	11	0	1	31	53	5	2-4-0-1	0-7-0-0	2-8-0-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
N.Y. Rangers at Ottawa
Philadelphia at Tampa Bay
Nashville at Anaheim
Tuesday's results
Edmonton 3 Montreal 1
Buffalo 6 Winnipeg 5 (OT)
Florida 5 Toronto 1
Minnesota 3 Calgary 0
Dallas 5 Washington 2
Detroit 5 Colorado 2
Los Angeles 4 Nashville 3
New Jersey 3 Carolina 2
St. Louis 3 Chicago 0
Tonight's games
Edmonton at Boston, 7 p.m.
Chicago at Columbus, 7 p.m.
Toronto at St. Louis, 8 p.m.
Florida at Winnipeg, 8:30 p.m.
N.Y. Islanders at Colorado, 9 p.m.
Montreal at Phoenix, 9 p.m.
Vancouver at Los Angeles, 10:30 p.m.
Minnesota at San Jose, 10:30 p.m.
Tomorrow's games
Washington at New Jersey, 7 p.m.
Carolina at N.Y. Rangers, 7 p.m.
Dallas at Pittsburgh, 7 p.m.
Ottawa at Buffalo, 7:30 p.m.
Edmonton at Detroit, 7:30 p.m.
Calgary at Chicago, 8:30 p.m.
Vancouver at Anaheim, 10:35 p.m. (changed from 10 p.m.)
Saturday's games
Ottawa at Toronto, 7 p.m.
Buffalo at Boston, 7 p.m.
New Jersey at Washington, 7 p.m.
Pittsburgh at Carolina, 7 p.m.
Dallas at Detroit, 7 p.m.
Winnipeg at Columbus, 7 p.m.
Montreal at Nashville, 7 p.m.
Tampa Bay at St. Louis, 8 p.m.
Calgary at Colorado, 10 p.m.
Minnesota at Los Angeles, 10:30 p.m.
Phoenix at San Jose, 10:30 p.m.
Sunday's games
Philadelphia at Florida, 5 p.m.
Edmonton at Chicago, 7 p.m.
Minnesota at Anaheim, 8 p.m.
N.Y. Islanders at Vancouver, 9 p.m.
Monday's games
Philadelphia at Carolina, 7 p.m.
Buffalo at Montreal, 7:30 p.m.
Tampa Bay at Winnipeg, 8:30 p.m.

LATE TUESDAY

SABRES 6, JETS 5 (OT)

First Period
1. Winnipeg, Flood 2 (Glass, Slater) 4:48
2. Winnipeg, Little 1 (Wheeler, Ladd) 5:54
3. Buffalo, Roy 3 (Myers) 9:05 (pp)
4. Buffalo, Tropp 1 (Gerbe, Gaustad) 9:16
5. Winnipeg, Glass 3 (Wellwood) 11:25
6. Buffalo, Pominville 6 (Gaustad) 13:06 (sh)

Penalties — Burmistrov Wpg (charging) 6:39, Antropov Wpg (cross-checking) 8:47, Leopold Buf (holding) 12:25, Kane Wpg (holding) 17:39, Bogosian Wpg (hooking) 18:14.

Second Period
7. Winnipeg, Little 2 (Byfuglien, Stapleton) 1:07 (pp)
8. Buffalo, Vanek 9 (Boyes, Roy) 15:48 (pp)

Penalties — Gerbe Buf (holding stick) 0:30, Ladd Wpg (interference) 3:52, Glass Wpg, McCormick Buf (fighting) 8:16, Gerbe Buf (tripping) 9:08, Ladd Wpg (holding) 15:26, Adam Buf (hooking) 19:18, Kane Wpg (holding) 20:00.

Third Period
9. Winnipeg, Byfuglien 2 (Wheeler) 0:48
10. Buffalo, Roy 4 (Pominville, Ehrhoff) 13:52 (pp)

Penalties — Byfuglien Wpg (holding) 3:40, Myers Buf (interference) 4:04, Oduya Wpg (cross-checking) 11:14, Bogosian Wpg (high-sticking) 12:51, M.Stuart Wpg (roughing) 13:35.

Overtime
11. Buffalo, Vanek 10 (Pominville, Gragnani) 4:35 (pp)

Penalties — Wheeler Wpg (hooking), Byfuglien Wpg (misconduct) 4:05.

Shots

Winnipeg	12	12	6	1—31
Buffalo	19	9	14	3—45

Goal — Winnipeg: Pavelec (L,4-5-3); Buffalo: Miller (W,5-5-0). **Power plays (goals-chances)** — Winnipeg: 1-5; Buffalo: 4-12.
Referees — Dean Morton, Ian Walsh. **Linesmen** — Brad Kovachik, Derek Amell.
Att. — 18,690 (18,690) at Buffalo, N.Y.

WILD 3, FLAMES 0

First Period
1. Minnesota, Powe 1 (Johnson, Brodziak) 5:35

Penalties — Staubitz Minn, Jackman Cal (fighting) 6:31, Staubitz Minn (hooking) 14:24.

Second Period
2. Minnesota, Heatley 5 (Koivu, Zidlicky) 12:47 (pp)

Penalties — Prosser Minn (hooking) 2:52, Falk Minn (high-sticking) 7:19, Stajan Cal (holding) 11:37, Johnson Minn (fighting, match penalty — head-butting major), Iginla Cal (fighting) 13:41, Zidlicky Minn (interference) 18:59.

Third Period
3. Latendresse 4 (Heatley, Prosser) 19:22 (en)

Penalties — Scandella Min (hooking) 5:22, Tanguay Cal (holding) 10:15, Gillies Min (boarding) 13:16.

Shots

Minnesota	5	9	12	26
Calgary	15	12	14	41

Goal — Minnesota: Backstrom (W, 4-3-2); Calgary: Kiprusoff (L, 6-5-0). **Power plays (goals-chances)** — Minnesota: 1-2; Calgary: 0-7.
Referees — Denis LaRue, Tom Kowal. **Linesmen** — Lonnie Cameron, Brad Lazarowich.
Attendance — 19,289 (19,289) at Calgary.

SCORING LEADERS

	G	A	PT
Kessel, Tor	11	11	22
Giroux, Pha	9	10	19
Backstrom, Wash	5	14	19
Vanek, Buf	10	8	18
Kopitar, LA	8	10	18
Pominville, Buf	6	12	18
D.Sedin, Vcr	6	12	18
Benn, Dal	5	13	18
H.Sedin, Vcr	5	13	18
Pavelski, SJ	9	8	17
Lupul, Tor	8	9	17
Eriksson, Dal	8	8	16
Stamkos, TB	10	5	15
Seguin, Bos	8	7	15
Jagr, Pha	6	9	15
Spezza, Ott	6	9	15
P.Kane, Chi	4	11	15
Edler, Vcr	3	12	15
M.Bergeron, TB	2	13	15
Michalek, Ott	9	5	14
Neal, Pgh	9	5	14
Smyth, Edm	7	7	14
Skinner, Car	6	8	14
Ra.Whitney, Phx	6	8	14

Not including last night's games

HOCKEY

CHL/RUSSIA SUPER SERIES

All Times Eastern

	GP	W	L	GF	GA	Pt
Russia	1	1	0	2	0	2
OHL	0	0	0	0	0	0
WHL	0	0	0	0	0	0
QMJHL	1	0	1	0	2	0

Last night's result
At Quebec City
Russia vs. QMJHL
Tonight's game
At Ottawa
Russia vs. OHL, 7 p.m.
Monday, Nov. 14
At Sault Ste. Marie, Ont.
Russia vs. OHL, 7 p.m.
Wednesday, Nov. 16
At Regina
Russia vs. WHL, 8 p.m.
Thursday, Nov. 17
At Moose Jaw, Sask.
Russia vs. WHL, 8 p.m.

IIHF 2011 WORLD JUNIOR A CHALLENGE

At Langley, B.C.

PRELIMINARY ROUND

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Sweden	2	2	0	0	0	3	0	6
U.S.	1	0	0	0	1	0	1	0
Canada West	**1**	**0**	**0**	**0**	**1**	**0**	**2**	**0**

GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
Canada East	**1**	**1**	**0**	**0**	**0**	**5**	**0**	**3**
Czech Republic	2	1	0	0	1	4	8	3
Russia	1	0	0	0	1	3	4	0

Note: Three points for a regulation win, two for an overtime win and one for an overtime loss.
Last night's results
All Times Eastern
Russia vs. **Canada Eas**
Canada West vs. U.S.
Tuesday's results
Sweden 2 **Canada West 0**
Czech Republic 4 Russia 3
Tonight's games
Quarter-finals
QF1 — Second A vs. Third B, 7 p.m.
QF2 — Second B vs. Third A, 10:30 p.m.

WOMEN'S FOUR NATIONS

At Nykping, Sweden

PRELIMINARY ROUND

All Times Eastern
Yesterday's results
Canada 5 Finland 0
U.S. 8 Sweden 0
Today's games
Canada vs. U.S., 8:30 a.m.
Sweden vs. Finland, 1 p.m.
Saturday's games
Finland vs. U.S., 6:30 a.m.
Sweden vs. **Canada**, 10 a.m.
Sunday's games
BRONZE MEDAL
Third vs. Fourth Places, 5:30 a.m.
GOLD MEDAL
First vs. Second Places, 9 a.m.

NFL

WEEK NINE

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	5	3	0	.625	222	184
N.Y. Jets	5	3	0	.625	199	163
Buffalo	5	3	0	.625	222	174
Miami	1	7	0	.125	138	169

SOUTH

	W	L	T	Pct	PF	PA
Houston	6	3	0	.667	236	157
Tennessee	4	4	0	.500	156	169
Jacksonville	2	6	0	.250	98	163
Indianapolis	0	9	0	.000	128	283

NORTH

	W	L	T	Pct	PF	PA
Baltimore	6	2	0	.750	208	130
Cincinnati	6	2	0	.750	195	140
Pittsburgh	6	3	0	.667	196	162
Cleveland	3	5	0	.375	119	170

WEST

	W	L	T	Pct	PF	PA
Kansas City	4	4	0	.500	131	201
San Diego	4	4	0	.500	199	204
Oakland	4	4	0	.500	184	216
Denver	3	5	0	.375	171	224

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	2	0	.750	198	184
Dallas	4	4	0	.500	179	175
Philadelphia	3	5	0	.375	203	182
Washington	3	5	0	.375	127	158

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	6	3	0	.667	287	205
Atlanta	5	3	0	.625	189	170
Tampa Bay	4	4	0	.500	147	196
Carolina	2	6	0	.250	187	207

NORTH

	W	L	T	Pct	PF	PA
Green Bay	8	0	0	1.000	275	179
Detroit	6	2	0	.750	239	147
Chicago	5	3	0	.625	200	174
Minnesota	2	6	0	.250	172	199

WEST

	W	L	T	Pct	PF	PA
San Francisco	7	1	0	.875	206	118
Seattle	2	6	0	.250	122	185
Arizona	2	6	0	.250	162	196
St. Louis	1	7	0	.125	100	211

Byes: Carolina, Detroit, Jacksonville, Minnesota
Monday's result
Chicago 30 Philadelphia 24

WEEK 10

All Times Eastern
Tonight's game
Oakland at San Diego, 8:20 p.m.
Sunday's games
Buffalo at Dallas, 1 p.m.
Denver at Kansas City, 1 p.m.
Washington at Miami, 1 p.m.
St. Louis at Cleveland, 1 p.m.
Arizona at Philadelphia, 1 p.m.
Tennessee at Carolina, 1 p.m.
Pittsburgh at Cincinnati, 1 p.m.
Houston at Tampa Bay, 1 p.m.
New Orleans at Atlanta, 1 p.m.
Jacksonville at Indianapolis, 1 p.m.
Baltimore at Seattle, 4:05 p.m.
N.Y. Giants at San Francisco, 4:15 p.m.
Detroit at Chicago, 4:15 p.m.
New England at N.Y. Jets, 8:20 p.m.
Monday's game
Minnesota at Green Bay, 8:30 p.m.

CFL

PLAYOFFS

DIVISION SEMIFINALS

Sunday's games
EAST
Bye: Winnipeg
Hamilton at Montreal, 1 p.m.
WEST
Bye: B.C.
Calgary at Edmonton, 4:30 p.m.

DIVISION FINALS

Sunday, Nov. 20
EAST
Hamilton/Montreal at Winnipeg, 1 p.m.
WEST
Calgary/Edmonton at B.C., 4:30 p.m.

99TH GREY CUP

Sunday, Nov. 27
At Vancouver
East vs. West champion, 6:30 p.m.

SOCCER

MLS PLAYOFFS

All Times Eastern

MLS CUP

Sunday, Nov. 20
At Carson, Calif.
Houston vs. Los Angeles, 9 p.m.

TENNIS

ATP BNP PARIBAS MASTERS

At Paris
Singles
Second Round
Janko Tipsarevic (11), Serbia, def. Alex Bogomolov Jr., United States, 6-1, 6-0.
David Ferrer (4), Spain, def. Nicolas Mahut, France, 6-4, 6-4.
Andy Murray (2), Britain, def. Jeremy Chardy, France, 6-2, 6-4.
Viktor Troicki (15), Serbia, def. Sergiy Stakhovsky, Ukraine, 6-4, 6-4.
Alexandr Dolgopolov (14), Ukraine, def. Philipp Kohlschreiber, Germany, 6-3, 7-6 (6).
Novak Djokovic (1), Serbia, def. Ivan Dodig, Croatia, 6-4, 6-3.
Roger Federer (3), Switzerland, def. Adrian Mannarino, France, 6-2, 6-3.
John Isner, United States, def. Igor Kunitsyn, Russia, 6-4, 6-4.
Andreas Seppi, Italy, def. Nicolas Almagro (9), Spain, 6-3, 7-5.
Mardy Fish (7), United States, def. Florian Mayer, Germany, 6-1, 6-2.
Feliciano Lopez, Spain, def. Gael Monfils (8), France, 6-3, 6-4.
Juan Monaco, Argentina, def. Gilles Simon (10), France, 6-4, 6-0.
Doubles
First Round
Arnaud Clement and Edouard Roger-Vasselin, France, def. Dick Norman, Belgium, and Sergiy Stakhovsky, Ukraine, 7-6 (8), 6-4.
Eric Butorac, United States, and Jean-Julien Rojer, Netherlands Antilles, def. Kevin Anderson, South Africa, and John Isner, United States, 7-6 (4), 6-7 (8), 10-7 tiebreak.
Second Round
Marcelo Melo and Bruno Soares, Brazil, def. Robert Lindstedt, Sweden, and Horia Tecau (5), Romania, 4-6, 6-3, 10-6 tiebreak.
Santiago Gonzalez, Mexico, and Christopher Kas, Germany, def. Mahesh Bhupathi and Leander Paes (4), India, 3-6, 6-1, 10-8 tiebreak.
Max Mirnyi, Belarus, and **Daniel Nestor (3), Toronto**, def. Frantisek Cermak, Czech Republic, and Filip Polasek, Slovakia, 6-1, 7-6 (15).
Oliver Marach and Alexander Peya (8), Austria, def. Ross Hutchins and Andy Murray, Britain, 61-, 6-3.

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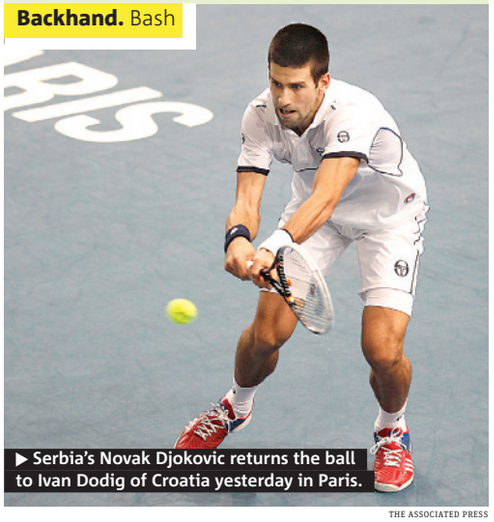

▶ Serbia's Novak Djokovic returns the ball to Ivan Dodig of Croatia yesterday in Paris.

THE ASSOCIATED PRESS

Djokovic feeling all right

Novak Djokovic beat Ivan Dodig of Croatia 6-4, 6-3 in the Paris Masters second round yesterday showing no signs of the shoulder injury that bothered him last week at the Swiss Indoors. Djokovic had complained of pain in his semifinal loss to Kei Nishikori in Basel.

Hard to find belief in Monster

THE HOCKEY NEWS

ADAM PROTEAU
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Leafs goalie Jonas Gustavsson is one of the nicest players you'll meet. He's humble, polite and always willing to talk to the media, even after not playing well. Unfortunately for the 27-year-old Swede, more often than not, he hasn't given his teammates the netminding they need.

In a season where a playoff berth is as important as it's ever been for the Brian Burke regime, Toronto simply can't afford to keep trotting him out there and hoping for the best. At some point, somebody has to say, 'no more, Mr. Nice Guy' and look in another direction.

If that time isn't right now, it's got to be extremely close.

It isn't as if Gustavsson hasn't been given ample opportunity to prove he belongs in the NHL. He arrived here in 2009 as a highly-heralded, undrafted prospect, one many teams were jockeying to sign with all their might. He played 42 times in his rookie year, posting unimpressive numbers (including a 16-15-9 record, 2.87 goals-against average and .902 save percentage).

"In the final year of his current contract, Gustavsson's giving the Leafs no reason to make him central to their current and future plans."

Granted, he didn't have even an average team in front of him as the Leafs rebuilt their roster. As well, he was dealing with personal tragedies and health challenges: he lost both his parents within a four-year period and was diagnosed at the start of Leafs training camp with a heart condition that required surgery.

So when his sophomore year began in 2010-11, Gustavsson was in need of an answer-back season that never came. His heart problem returned and needed additional surgery, his stats got worse (6-13-2, 3.29 GAA, .890 save percentage) and James Reimer leap-frogged him in the depth chart and stole the starter's job.

Given that fact, there were a few eyebrows raised when Burke & Co. decided to go with a relatively-unproven tandem of Reimer and Gustavsson this year. Those brows then furrowed when Reimer was injured and Gustavsson again showed a propensity for allowing at least one soft goal per game.

It isn't just Gustavsson's flat showing against Florida (including an .857 save percentage in a 5-1 loss) that leads to the conclusion his time might be up. He hasn't been solid all season. And in the final year of his current contract, he's giving the Leafs no reason to make him central to their current and future plans.

No more, Mr. Nice Guy. Toronto likes you, but not enough to keep losing with you.

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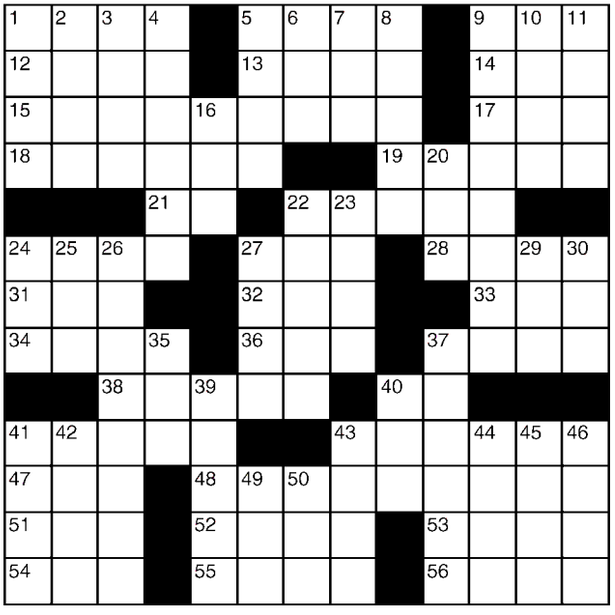

Across
1 Hardly hirsute
5 Teeny bit
9 Frat-party item
12 Reed instrument
13 Unembellished
14 A Gabor sister
15 Prop in a Gidget movie
17 Shrill bark
18 Takes the helm
19 Saunter
21 Opposite of 30-Down
22 Crooner Iglesias
24 Not barefoot
27 Anderson's "High —"
28 Frilly
31 Debtor's letters
32 Towel designation
33 Fish eggs
34 Legend
36 "Characters Welcome" network
37 Probability
38 Pop
40 Hairstyle
41 Boston newspaper
43 Plant of the mint family
47 Grazing area
48 Pub target
51 Listener
52 Notion
53 Pleased
54 Conclusion
55 Under the influence
56 Longings

Down
1 Employer
2 Touch
3 Traditional tales
4 Protect
5 Biblical prophet
6 Afternoon social
7 Bobby of hockey
8 Hero's reward
9 QWERTY, for one
10 Satanic
11 Stare stupidly
16 Chum
20 Wire measure
22 Beam supporting a ceiling
23 — Major
24 Alastair who played Scrooge
25 Today, in Tijuana
26 Motorboat feature
27 So
29 Massachusetts cape
30 Opposite of 21-Across
35 Center
37 Study of eggs
39 Made over
40 Slight touch
41 Jane Lynch's show
42 Tilt
43 Remain
44 Crooner Jerry
45 Persia, now
46 Tosses in
49 Big bother
50 Agt.

▶ Yesterday's answer

F	L	A	K		S	U	M		P	H	E	W
L	A	V	A		M	R	I		R	A	R	E
O	V	E	R	H	A	N	D		A	N	N	A
P	E	R	M	I	T		S	N	I	D	E	R
			A	N	T		T	Y	R	O		
A	S	H		T	E	A		C	I	V	I	C
P	E	A	R		R	U	G		E	E	L	S
P	A	N	E	L		K	O	D		R	O	I
		G	E	E	S		D	E	W			
P	R	O	F	I	T		L	E	A	G	U	E
L	O	V	E		O	V	E	R	H	A	N	G
U	S	E	R		W	A	S		O	L	I	O
M	A	R	S		E	N	S		O	A	T	S

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

5		9	3				1	6
				2	9			
					1		4	3
		4					3	5
8	3					1		
2	5		6					
			8	5				
9	8				2	4		7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	8	9	4	3	6	5	1	7
1	3	4	7	9	5	2	6	8
7	5	6	2	8	1	4	3	9
3	4	7	5	6	9	1	8	2
6	2	5	1	7	8	9	4	3
9	1	8	3	4	2	7	5	6
8	6	2	9	5	4	3	7	1
4	9	3	8	1	7	6	2	5
5	7	1	6	2	3	8	9	4

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Jamaican luver, I pretend not to like u cause i dont want to be hurt, althought i have a bf my feelings for you is still the same, why cant u see it.
UR JAMAICAN QUEEN

Eustace, To my best friend and Travel buddy forever, I hope this makes it out in print since framing this would be great. This year is 11-11-11 for you not only is the date, great. You were even born at 11:11am, now that's fate. I love u always & what didn't break us this yr only made us stronger. WTCBFF love you. **DANNY**

hubbie, i love, love,love you... you are so annoying yet so incredibly wonderful, pick a side and stick to it, till then i still love being you wife, don`t mind the frequent complaints..lol, c weekend, mo et toi:) let`s makeee a babyyyyy
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Friday 6°/4° Showers 60%
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Today's horoscope

♈ Aries March 21-April 20 A clash over money is likely today but it can be quite easily resolved.
♉ Taurus April 21-May 21 No matter what others might have said or done in recent weeks, you must forgive, forget and move on.
♊ Gemini May 22-June 21 Today's full moon may lead to a few moments of doubt but tomorrow your confidence will soar.
♋ Cancer June 22-July 22 Do something people will remember you for long after you are gone. Just make sure it is something they remember you for with a smile.
♌ Leo July 23-Aug.23 You are going to have to face and overcome a major obstacle. Look at it from a positive perspective.
♍ Virgo Aug. 24- Sept. 22 Don't take anything you see or hear at face value today because the full moon has a tendency to warp.
♎ Libra Sept. 23-Oct. 23 With today's full moon cutting across the money axis of your chart, someone may try to cheat you.
♏ Scorpio Oct. 24-Nov. 22 You'd be wise to take people's views into account before you do things that may change their lives.
♐ Sagittarius Nov. 23-Dec. 21 The full moon is playing havoc with your emotions. By this time tomorrow you'll be back to normal.
♑ Capricorn Dec. 22-Jan. 20 Certain facts and figures don't add up and you're starting to wonder if someone has been misleading you.
♒ Aquarius Jan. 21-Feb. 18 You are intensely ambitious but if you come on too strong, authority figures may turn against you.
♓ Pisces Feb. 19-March 20. If you pick a fight today, it is you who will come out of it the worse for wear. **SALLY BROMPTON**

Caption contest

MATTHIAS SCHRADER/ THE ASSOCIATED PRESS

BRET HARMAN/ THE ASSOCIATED PRESS

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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HYUNDAI™

BEST SELLING SALES EVENT

THE BEST-SELLING PASSENGER CAR BRAND IN CANADA.™

THE **2012** MODELS ARE HERE

0% FINANCING FOR UP TO **84** MONTHS

5 REASONS WHY HYUNDAI IS THE BEST-SELLING PASSENGER CAR BRAND IN CANADA.

GRADUATE REBATE PROGRAM

Limited model shown

1 SAFETY — 2012 SONATA

5-STAR SAFETY RATING▲

AWARDED THE HIGHEST GOVERNMENT CRASH SAFETY RATING. U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

OWN IT	WITH	AND		
$157† BI-WEEKLY PAYMENT	0% FINANCING FOR 72 MONTHS	$0 DOWN PAYMENT	**SELLING PRICE: $24,400•** SONATA GL 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.	HIGHWAY 5.7L/100 KM 50 MPG▼

2 FUEL EFFICIENCY — 2012 ACCENT

BEST-IN-CLASS FUEL ECONOMY¤

OWN IT	WITH	AND		
$106† BI-WEEKLY PAYMENT	2.9% FINANCING FOR 72 MONTHS	$0 DOWN PAYMENT	**SELLING PRICE: $15,130•** ACCENT L 5DR 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.	HIGHWAY 4.9L/100 KM 58 MPG¤

AJAC www.ajac.ca

AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

AJAC's Best new small car under $21K

GLS model shown

Limited model shown

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AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

AJAC's Best new small car over $21K

3 DESIGN — 2012 ELANTRA SEDAN

2011 AUTOPACIFIC BEST COMPACT CAR‡

OWN IT	WITH	AND		
$122† BI-WEEKLY PAYMENT	2.9% FINANCING FOR 72 MONTHS	$0 DOWN PAYMENT	**SELLING PRICE: $17,380•** ELANTRA L 6-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.	HIGHWAY 4.9L/100 KM 58 MPG▼

4 SPACIOUS — 2012 ELANTRA TOURING

SPIRIT AND PRACTICALITY, IN PERFECT BALANCE.

OWN IT	WITH	AND		
$134† BI-WEEKLY PAYMENT	0% FINANCING FOR 60 MONTHS	$0 DOWN PAYMENT	**SELLING PRICE: $17,330•** ELANTRA TOURING L 5-SPEED. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.	HIGHWAY 6.4L/100 KM 43 MPG▼

GLS model shown

5 VERSATILE — 2012 VERACRUZ

"IT'S A SEVEN-SEATER, MID-SIZE SUV WITH SERIOUS CARGO AND PEOPLE-CARRYING CAPACITY." — *THE GLOBE AND MAIL*

OWN IT	WITH	AND		
$195† BI-WEEKLY PAYMENT	0% FINANCING FOR 84 MONTHS	$0 DOWN PAYMENT	**SELLING PRICE: $35,395•** VERACRUZ GL FWD. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.	HIGHWAY 8.5L/100 KM 33 MPG▼

GLS model shown

7 PASSENGER SEATING

- SPACIOUS, UPSCALE INTERIOR WITH THIRD ROW FOLD-FLAT SEATING • 6 STANDARD AIRBAGS
- 3.8L V6 ENGINE • 6-SPEED AUTOMATIC TRANSMISSION
- BLUETOOTH® HANDS FREE PHONE SYSTEM • AVAILABLE AWD

5 YEAR WARRANTY 100,000 KM COMPREHENSIVE LIMITED WARRANTY

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

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™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2012 Sonata GL 6-Speed/2012 Accent L 5Dr 6-Speed/2012 Elantra L 6-Speed/2012 Elantra Touring L 5-Speed/2012 Veracruz GL FWD with an annual finance rate of 0%/2.9%/2.9%/0%/0% for 72/72/72/60/84 months. Bi-weekly payment is $157/$106/$122/$134/$195. No down payment is required. Cost of Borrowing is $0/$1,363/$1,566/$0/$0. Finance offers include Delivery and Destination of $1,565/$1,495/$1,495/$1,760, fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. Delivery and destination charge includes freight, P.D.E. dealer admin fees and a full tank of gas. Financing example: 2012 Elantra L 6-speed for $17,380 at 2.9% per annum equals $122 bi-weekly for 72 months for a total obligation of $18,946. Cash price is $17,380. Cost of Borrowing is $1,566. Example price includes Delivery and Destination of $1,495 fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. ‡AutoPacific Vehicle Satisfaction Award for Best Compact Car awarded to the 2011 Elantra Sedan. ▼Fuel consumption for 2012 Sonata GL 6-Speed (HWY 5.7L/100KM, City 8.7L/100KM)/2012 Accent L 5Dr 6-Speed (HWY 4.9L/100KM, City 6.7L/100KM)/2012 Elantra L 6-speed manual (HWY 4.9L/100KM, City 8.4L/100KM)/2012 Elantra Touring L 5SPD (HWY 6.4L/100km, City 8.9L/100km)/2012 Veracruz GL FWD (HWY 8.5L/100KM, City 12.7L/100KM) are based on Manufacturer's testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ♦Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ¤Based on the September 2011 AJAC report. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). Ask your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.